

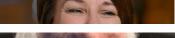
# **Recipe Corner**

#### Nuts.com

Found this source of English walnuts for my morning smoothie after Sam's Club stopped stocking them (and bought into the mask idiocy). Even with shipping costs, the price is just as competitive and they have a HUGE selection of stuff beyond just nuts. Butter Toffee cashews and a double order of the walnuts rush shipped in special insulated bags as they check destination temperatures before shipping. How's that for attention to detail? Their follow up emails are also humorous. Family run business 90 years old and obviously having fun with it.

Thankfully, here are some of the nuts *not* in their inventory:















### THE FRANK REPORT

8.1.2020 #237

All the news I see fit to print. Freedom of the press belongs to those who own one.



Lassie is barking her fool head off as Governor Timmy has fallen into the well. (You older folks will get that). People were saying "it couldn't get worse." Timmy took that as a challenge. He turned the rioters loose. Then began issuing 81 executive orders with each one including a press conference ensuring us that he is on top of everything and that it's all Trump's fault. Not to be undone, his compatriots have been up to this:

Palm Beach investigator found that 169 out of 581 deaths listed as COVID-19 deaths without any contributing illnesses.

NYT Fudges Data To Claim Huge Spike In COVID-19 Hospitalizations.

DC Mayor Issues Mask Mandate But Exempts City And Federal Workers

McDonald's to require coronavirus face masks

Gov. Cuomo Now Dictating Size of Food Portions if You Want to be Served Alcohol

A Florida health official admitted that a man in his 20s who died in a motorcycle accident was listed as a coronavirus death, raising questions about the validity of the state's COVID-19 fatality count

Philly mayor's ban on large events 'does not apply' to protests or 'demonstrations'

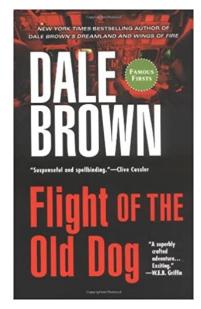
Over half of Minnesota coronavirus death certificates list something else as primary cause of death

Feds classifying all coronavirus patient deaths as 'COVID-19' deaths, regardless of cause. The federal government is classifying the deaths of patients infected with the coronavirus as COVID-19 deaths, regardless of any underlying health issues that could have contributed to the loss of someone's life.

https://www.recallwalz.org/

## **Bon Mots**

After the virus is gone I still want some of you to stay away from me.



## **Book Report**

His debut (1987) novel with a dozens to follow. Tip of the hat to Larry Wingate (HS classmate) for suggesting. It started slow the first chapter and then took off like a rocket. Real thriller with verified tech stuff like a Tom Clancy novel. Only glitch is it's about the Air Farce (as we Naval Aviators call them).



I have this urge for a marathon viewing of the *Lord of the Rings* trilogy followed by the *Hobbits*. Total is 26 hours but I'm wondering how many bottles of wine it will take. Given the absolute dessert of Hollyweird offerings, I do have a library of hundred or so movies that I purchased because I knew I'd want to watch them more than once.

-more-



If the Republicans had any sense of humor, they'd get someone to change their name to Warren Wilhelm Jr and run against Bill DeBlasio. It would drive the Lame Stream Media NUTS! Just saying...



What won't they think of next! Phone plugs into this keyboard making texting less dangerous to your thumbs.

Even the carriage return works and you can use the knobs to scroll up or down. Works on social media like Twitter. I wonder if the President has one of these?



I get the impression that the beer flu virus is a toy the Democrats love to play with. Witness the following:

The MN Legislative branch is responsible for creating laws such as Minnesota Statute §609.735 CONCEALING IDENTITY which makes it a crime to wear a mask.

The MN executive branch is responsible for the enforcement of laws. Executive order 20-81 has created a "law" forcing citizens to wear a mask.

Minnesota Statutes §609.735 allows wearing of a mask for medical treatment...not prevention.

Executive order 20-81 is for prevention.

Given the ridiculous push for defunding police, already underfunded and underpaid...this ambiguity is not helpful.

Citizens with common sense do not protest or riot and rely on law enforcement to maintain societal normalcy. What would happen if one of those citizens walked into a police station without wearing a mask? It is now legal to wear a mask, go into a bank, ask a teller for money and not get arrested.

This is my eighth pandemic. The other seven were handled by the medical community. This one was highjacked by politicians, bureaucrats and the media. When the government pays hospitals for each Covid death, the count is going to be inaccurate, to say the least. When politicians and bureaucrats have a vested interest in the cure modality, proven treatment is rejected for expensive new drugs. I'm hoping some honest researcher starts an unbiased analysis come November 4th. The Lame Stream Media will ignore it...of course.

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