



**Recipe Corner**  
**Red Beans and Rice**

- 1 lb dried pinto beans
- 1 cup sausage or ham pieces
- 1 small onion, chopped
- 1 Tbsp. Worcestershire
- 1 tsp Tabasco sauce
- 2 bay leaves
- 2 cloves garlic, minced
- 1/2 cup sweet peppers
- 4 cups water

Soak pinto beans overnight in enough water to cover beans. Drain beans and place in slow cooker. Add in meat (*I use smoked ham*) and other seasonings. Pour water over all and cook on Low for eight hours or until beans are tender. Serve over rice



In other recipe news, the CHOP participants in Seattle (*and elsewhere*) who expected unicorns with rainbow flatulence have discovered they were used by the BLM leaders as fodder for the Lame Stream Media. Many of them are now in custody facing up to ten years in a federal prison. Hollyweird is contributing millions of dollars to BLM leaders who then launder it for the Democrat Party. ..what's for dessert?

**THE FRANK REPORT**

7.4,2020 #233

*All the news I see fit to print.*

*Freedom of the press belongs to those who own one.*



The Minneapolis City Council took the first formal step toward abolishing the police department in their city, by voting for a measure to abolish the police according to the NY Post. Turns out three of the members of the city council are actually getting private security details from the companies Aegis and BelCom. Guess who's paying for that? The citizens of Minneapolis. The city has paid out \$63,000 in the past three weeks. The three members – Andrea Jenkins, Phillippe Cunningham and Alondra Cano – have all been in favor of defunding the police. They claim they have received death threats. Did they report them to the police? Nope!



White House press secretary Kayleigh McEnany has to deal with what she called "absolutely absurd" questions from *Ryan Lizza of The New Yorker*. He actually uttered these silly words:

**"Does President Trump believe that it was a good thing that the South lost the Civil War?"**

Should schools in the USA be forced to teach Arabic numerals as part of their curriculum



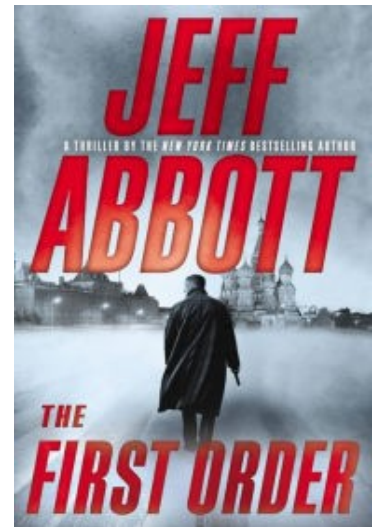
1,021 votes • Final results

**Proof of islamophobia! Get 'em Ryan!!!**

Making fun of today's "journalists" is getting easier every day. We really shouldn't do it as they do it so well all by themselves.

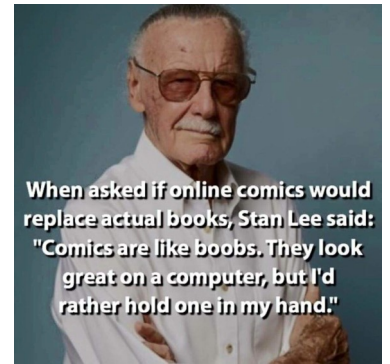
**Bon Mots**

**I think my body's check engine light is flickering.**



**Book Report**

#5 in his *San Capra* series. Good entertainment with concise dialogue and plot. Beats hell out of TV.



When asked if online comics would replace actual books, Stan Lee said: "Comics are like boobs. They look great on a computer, but I'd rather hold one in my hand!"

If you don't know who Stan Lee is, you've led a sheltered life. Hollywierd should build a huge statue for him...oh wait!

**I get most of my exercise these days from shaking my head in disbelief.**

**-more-**

# THE SARCASM IS STRONG WITH THIS ONE

*"This coronavirus is the strangest virus I've ever heard of. It's very dangerous in the way it spreads. It is so mysterious the way it lurks in schools, but then dies at Home Depot. It can wreak havoc in churches; praying people are exceptionally vulnerable! Although it's mind-boggling how it vanishes when people stand close together holding signs, destroying businesses, homes, property, monuments, etc. Yet, standing to watch a marathon or a concert triggers its wrath. It is sneaky. It can spread when buying clothes at Kohl's but not at Target. It is non-alcoholic. It can't spread when you are buying beer. It lives for two days on Amazon boxes, you must wait 48 hours to touch them but it can't survive on Dunkin Donuts coffee cups, so enjoying a hot cup of joe is safe. It is the most curious thing, how it lives on basketballs, baseball bats and ballet bars, but dies on WWE ropes and Walmart shopping carts. It is spread by hair stylists, dog groomers, and dentists, but not by bank tellers, cashiers, and fast food workers. It's so smart. It won't bother the first 10 people gathered but it knows when the 11th person shows up, so be careful if that's you.! It even knows what you want vs. what you need. If you want a massage or your nails done it is very actively on the prowl and not even a mask can stop it, but if you need a plumber, it is weak, and a mask will keep it away. It also seems to be most dangerous after 5:30pm so businesses must start to close before the virus comes out of hiding and wreaks havoc upon the populations. It also requires dine-in restaurants to have a shorter menu and you use real plates but only plastic forks and spoons. Whoever heard of such a clever, sneaky virus?! Same with the MAGIC MASKS and MIRACLE BANDANAS....how do they know to "turn on" and work in the big-box China-import stores that were considered "essential" like Walmart and Target, and to then completely STOP working if its wearer was passing the threshold of a small business, thus making the transference of the Bat Soup Slurping bug deadly in a small business but not a China-import store??? If masks "work" then they will work everywhere, including small businesses. NEVER EVER AGAIN will we shut down small businesses for any reason other than war, possibly. Where is John Bolton when you need him"??*

***(Found this on whatfinger.com and had trouble cutting and pasting I was laughing so hard).***

## Time is Money

Government is spending  
\$6,850,000.00 per minute.

FY2021 budget is  
\$4,829,000,000.00

*One million seconds = 12 days*

*One billion seconds = 32 years*

*One trillion seconds = 32,000 years  
(I think I broke my calculator)*



I think I finally figured out this statue destruction effort. Above is an actual mural used at George Floyd's (Kirby?) funeral wake (one of several) depicting him complete with halo and angel wings. Maybe they're making room for a new statue? Wonder if they will include his hat at Mt. Rushmore. Floyd had five years behind bars in 2009 for an assault and robbery two years earlier, and before that, had been convicted of charges ranging from theft with a firearm to drugs. The Hennepin County medical examiner, found "no physical findings that support a diagnosis of traumatic asphyxia or strangulation" and found that Floyd suffered from coronary artery disease and hypertensive heart disease and any potential intoxicants in his system likely contributed to his death. The four officers who arrested him for trying to pass a counterfeit bill were fired without due process. Not sure if our governor included his death in the beer flu count.

***Stay tuned!***

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