



Recipe Corner

Carne Bean and Rice

Ingredients:

Cup of pinto beans
Cup of rice
Two cups chicken broth
Pound of hamburger
Or cubed beef
Chopped sweet onion
Three strips of bacon
Cup of Quesadilla cheese
Cup of salsa
Can (drained) diced tomatoes (or two cups of salsa)

Directions:

Soak beans overnight and then boil until done. Cook rice in chicken broth. When both are drained and cool, mix with the tomatoes, cheese and salsa. Cut bacon in bits...then cook adding beef and the chopped onion. Let cool and add to mixture. I use Pyrex dishes and bake at 350 until cheese is melted; about 15-20 minutes. When done, spread sour cream on tortilla, spoon mixture over the sour cream, roll up and enjoy. Add a lime to your Dos Equis and you're ready for a gourmet treat.

Extra tip: mash and fry some of the pinto beans in the pan after you've cooked the meat. Add it to the mixture as an extra binder beyond the cheese. Cilantro, celery leaves and some Taco seasoning used when cooking the beef provides additional variations for flavor. *This is a recipe that demands experimentation with the ingredients.*



7.31.2021 #289

All the news I see fit to print.

Freedom of the press belongs to those who own one.



The CDC announced that Covid tests will soon no longer be available for emergency use to determine whether individuals have contracted COVID-19 and seemed to admit the tests are unable to differentiate between COVID-19 and influenza viruses. ***This development came about a week after Bill Gates and George Soros announced buying a COVID-19 test manufacturer based in the United Kingdom.***

The CDC declared that it will withdraw its emergency use application for the old tests on December 31, 2021, and is urging clinics and hospitals around the country to begin the process of using "new tools" better able to "facilitate detection and differentiation of SARS-CoV-2 and influenza viruses". It appears clinics will have a new choice for COVID-19 tests by the time the old tests are phased out: ***the very company purchased by George Soros and Bill Gates that manufactures the new COVID-19 tests. Now check out that picture...interesting how these people hang out together.***

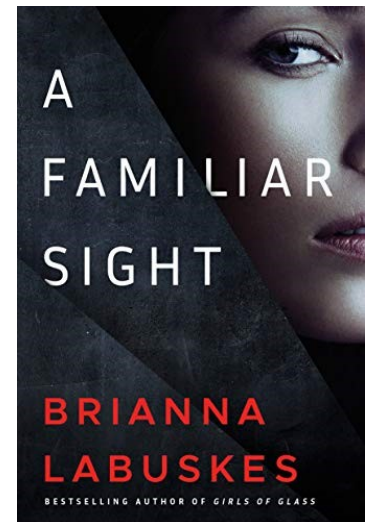
We can see you Fauci!

OK...so the tests used world wide last year could not distinguish between Covid and "normal" flu....so the CDC is mandating new tests. Does that mean the flu statistics last year were lumped into the Covid stats?

I guess this is what Biden meant when he said they would be "transparent"?

Bon Mots

We now have proof that anybody can become president.



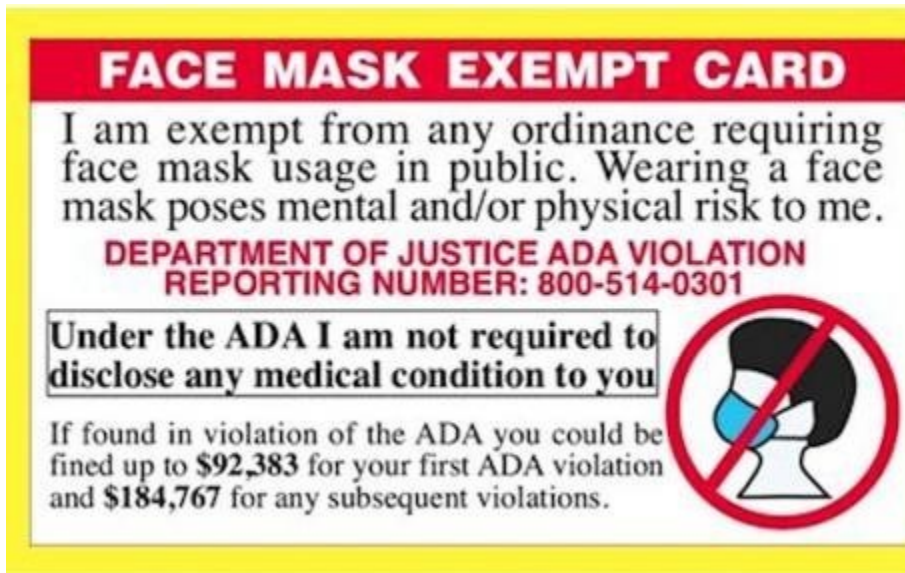
Book Report

Free ebook...Amazon Prime members...interesting plot with sociopath main "good" character. Others are suspects with timelines and plot twisting like a pretzel but she manages to pull you into the book. The bizarre interaction of "normal" people with a sociopath is the key element of her narrative. Big hole in the plot at the end spoils it.



Fauci Says He's Considering Instituting Mask Mandates for Vaccinated Americans "Wear a mask so you don't infect the people who have been vaccinated". ***Wait...say that again?***

-more-



Looks Like We're Gonna Need This Card Again?

In March, the White House pledged to leave vaccine passports to the “private sector,” but President Joe Biden told reporters on Tuesday night that he is considering mandating the COVID vaccine for all federal employees, not just medical ones. Then Centers for Disease Control and Prevention Director Rochelle Walensky openly endorsed vaccine passports as a potential “path forward” in the bureaucratic agency’s attempts to “get the huge amount of disease in some areas down.” She might want to catch this headline: ***Biden Admin Forces Border Patrol Agents to Wear Masks as They Watch Thousands of Illegals Untested for COVID Parade Into the Country Each Week***

In other news: The Department of Veterans Affairs is making COVID-19 vaccination mandatory for health care workers. The mandate applies to health care workers who work at or visit Veterans Health Administration facilities as well as to those who supply direct care to people the agency serves. Since they will not serve veterans who won't wear masks...will they now mandate vaccination for veterans? Good way to kick off a huge lawsuit which I would gladly initiate.

Is it political? You decide:

Kamala Harris: “If the public health professionals, if Dr. Fauci, if the doctors tell us that we should take it, I’ll be the first in line to take it, absolutely. But if Donald Trump tells us that we should take it, I’m not taking it,” Harris said during the vice presidential debate in October 2020.

Joe Biden: “People don’t believe that he (Trump) is telling the truth [about the safety of the vaccine candidates],” Biden asserted in August 2020. “Therefore, they’re not at all certain they’re going to take the vaccine. It’s not likely to go through all the tests and the trials that are needed to be done,” he added.

Forced penetration takes on a hole* new meaning?

**Damn spell check! Or maybe not?*

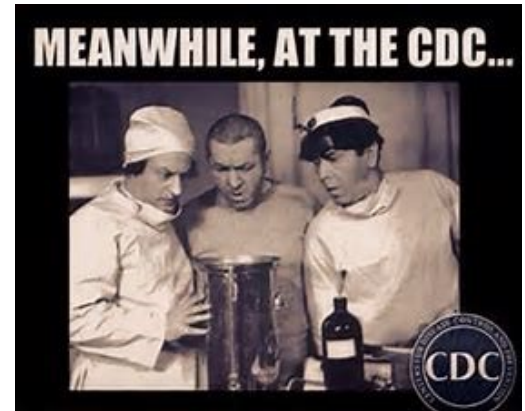
Healthy-skeptic.com is one of the websites I visit to find some common sense. Check out the guy’s credentials and then read some of his articles.

BTW: Pfizer is reporting vaccine sales forecast to \$33.5 billion...your tax dollars.

Mal Mots

Tip for politicians:
***Never pass up
the chance to shut up.***

You're welcome



Dr. Rochelle Walensky (appointed by Biden) is head of the CDC and, like the agency, has met regularly with the White House and the Teacher’s Union (which has an interest in keeping kids out of school). She is also meeting regularly with reporters and will soon be as famous as Dr. Fraud.

Just a quick question: shouldn't she be meeting with scientists instead?

The CDC owns vaccine patents and makes over \$4 billion annually. They have a group (ACIP) that recommends vaccines, currently a huge number with estimates that the Pharma Club these guys belong to will grow exponentially unless someone (*do a Trump/Robert Kennedy search*) interferes. ACIP makes even more money from vaccines they license from CDC. Just one more Deep Swamp element fighting tooth and nail against oversight and using the Lame Stream Media for protection. Now you know why “mandatory” is in play and there are so many ads for prescription medicine.

Until Next Week...

GPA/DAD/UNCLE/ETC

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Please feel free to pass it on.