



Recipe Corner
Avocados

You can freeze avocados. Very cheap this time of year but over a buck each later. Here's how:
Use juice of one lemon or lime for every avocado. Use mixer to blend into a paste and then into a zip lock bag with all air removed. After freezing, place in refrigerator to thaw and then add other ingredients for one of these dips:

- Onion chopped into bits
- Salsa
- Cream cheese
- Tabasco sauce
- Cucumber bits minus seeds
- Sour cream
- Cilantro
- Tequila
- Garlic bits

You can also spread on toast as is or...form bowls of hamburger and fill with avocado/shredded cheese/onion bits mixture then top with second bowl. Make sure the edges are sealed to grill.

Did You Know:

Every state has one or more wineries. However, Hawaii is the only state that can grow coffee beans thus doesn't have to import them. And yes, "Kopi Luwak" coffee is made from beans that were eaten and then digested and pooped out by cats.

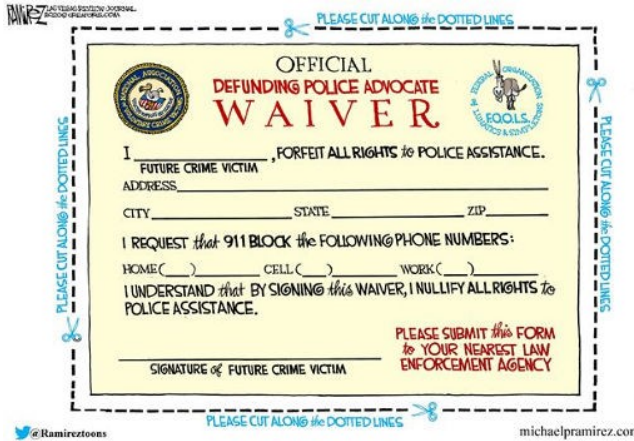
It costs more than \$300 per pound. Maybe I should get The Boys busy?



THE FRANK REPORT

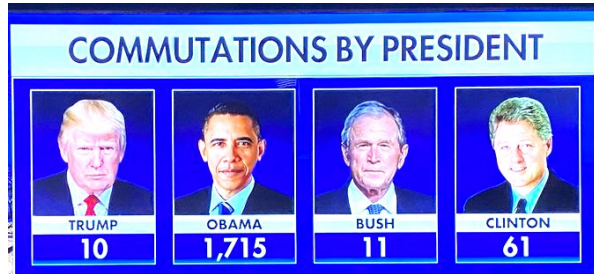
7.25.2020 #236

All the news I see fit to print.
Freedom of the press belongs to those who own one.



Need your help...

There are idiots out there who would fill this out. Please carry scissors with you and help them so they don't hurt themselves trying to use this waiver. Have them use crayons to avoid sharp objects like pencils or pens. Keep a sober face.

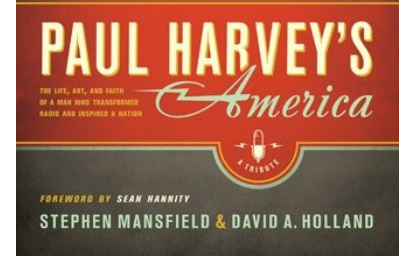
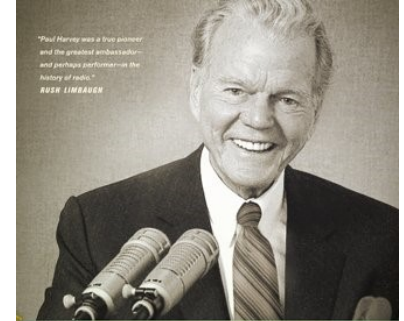


I find it hilarious how fast the Lame Stream Media dropped the subject of presidential commutations after the above chart was published. They also did NOT want to talk about it later when people started to find out who was set free by the other presidents...several killers who killed again. Shhhhhh!



Bon Mots

Some days the supply of curse words is insufficient to meet my needs.



Book Report

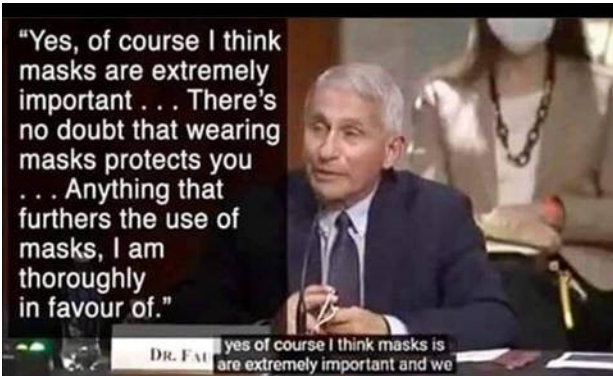
One of several books sent to me by Dr. Marshall. Paul Harvey was heard on 775 US stations and over 400 international stations. 110 TV stations carried him. Over 300 newspapers carried his column. Here is his most famous broadcast: "If I Were The Devil":

<https://youtu.be/ZaGVCO6CBYQ>

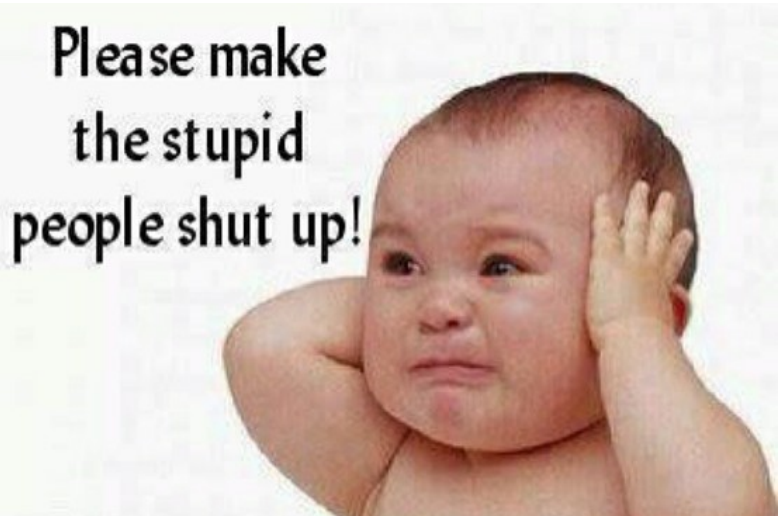
Check the date of that broadcast/column and compare it to what has happened since that broadcast. At the age of 82, he was signed to a ten year contract. With his death in February of 2009, America lost one of it's most supporting voices.

Rush Limbaugh was one of Paul Harvey's biggest fans. Rush is getting close to the audience totals with the added benefit of 38,000 social media followers; six figure visits to his website.

-more-



Dr. Fauci



Size Matters

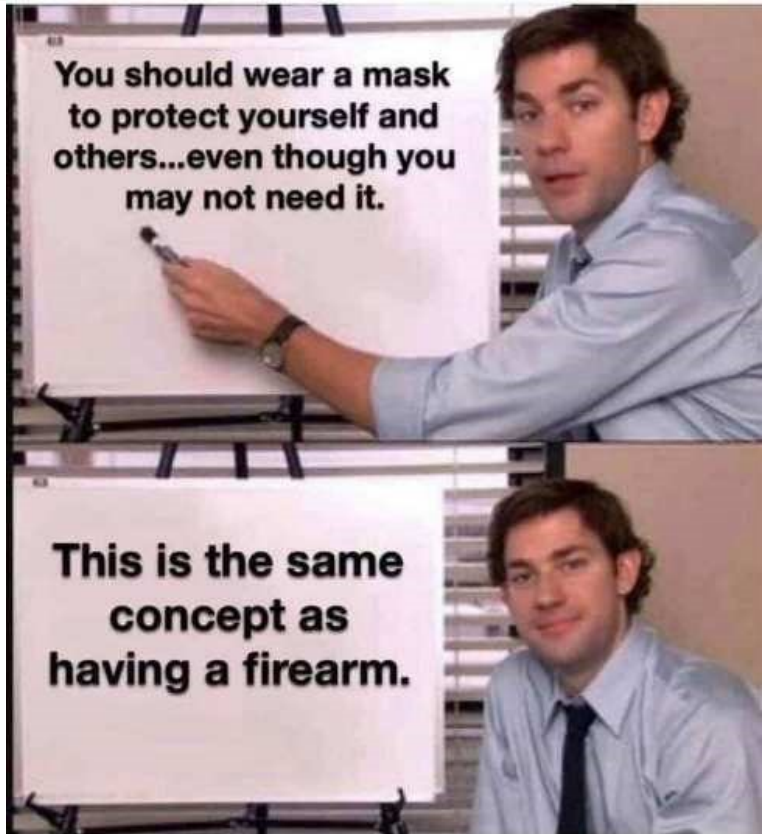
Strand of Human Hair:
75 microns in diameter

Coronavirus
0.12microns diameter

Surgical Mask
diameter filtration capacity (2-10 microns)

N95 Mask
diameter filtration capacity (0.3 microns)

UnMaskAmericaNow.com



FACE MASK EXEMPT CARD

I am exempt from any ordinance requiring face mask usage in public. Wearing a face mask poses mental and/or physical risk to me.

DEPARTMENT OF JUSTICE ADA VIOLATION REPORTING NUMBER: 800-514-0301

Under the ADA I am not required to disclose any medical condition to you

If found in violation of the ADA you could be fined up to **\$92,383** for your first ADA violation and **\$184,767** for any subsequent violations.

This too shall pass...I'm guessing November 4th. Think about it...you can walk into a bank and ask a teller for money and not get arrested. Follow the money hysteria and you'll find most of it coming from the Democrats. This is my eight pandemic. Do you know how many people the seventh one killed? Maybe because the Lame Stream Media didn't tell you to be scared? I take care of my body the same way I take care of my car. I've been driving one for almost 30 years and the other for over 80 years. I may live forever...so far so good.

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