



Recipe Corner

Shrimp Creole

revised recipe:

2 tablespoons olive oil

1 1/2 pounds shrimp*

1/2 cup thinly sliced onion

1 can diced tomato

1 cup chopped sweet pepper

1/2 cup diced celery

3/4 teaspoon salt

2 tablespoons garlic bits

dash or two tabasco

Heat oil in large skillet. Add shrimp and cook until shrimp turns pink. *If you use cooked shrimp, add garlic to oil and heat until slightly browned. Add the cooked shrimp and stir for about three minutes. Remove shrimp from skillet. Add onion and sweet peppers to same skillet and cook until browned. Stir in tomato, celery, salt, garlic powder. Then low heat uncovered about 10 minutes. Serve over cooked rice. Serves 3 to 4. Pinot Gris works!



Rediscovered this Greek brandy. Highly recommend...smoooth!

THE FRANK REPORT

7.18.2020 #235

All the news I see fit to print.

Freedom of the press belongs to those who own one.



Nancy Pelosi's promise of May 2016 is typical of her promises. Remember the *we have to pass the bill in order to find out what's in it?* Here's why that's true:

"Congress doesn't actually write legislation. The last item of legislation written by congress was sometime around the mid 1990's. Modern legislation is sub-contracted to K-Street. Lobbyists write the laws; congress sells the laws; lobbyists then pay congress commissions for passing their laws. That's the modern legislative business in DC. If Congress isn't going to convene until the bill is ready to vote on...who the hell is writing the bill?"

Kentucky representative Thomas Massie 4.28.2020

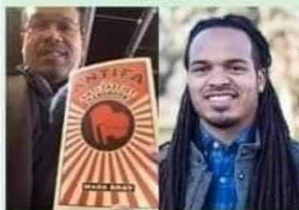
**Lobbyists spent \$61 million in 1986:
\$113,700.00 per "lawmaker".**

**Lobbyists spent \$3.1 billion in 2016:
\$5.8million per "lawmaker".**

Democrat Senator Tim Kaine's son was part of an ANTIFA riot that threw smoke bombs and fireworks inside the Minnesota State Capital building.



Minnesota Attorney General Keith Ellison's son tweeted his support for ANTIFA. Ellison's son is a Minneapolis City Councilman.



Minnesota Governor Tim Walz's daughter tweeted intel about where the National guard would be and where they wouldn't be to violent rioters and looters.



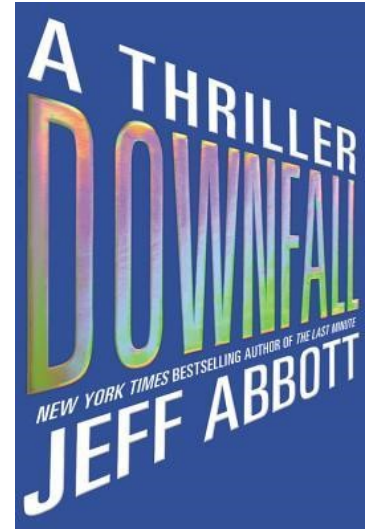
New York City Mayor Bill De Blasio's daughter was arrested for unlawful assembly/blocking traffic and refusing to move during a protest.



Bon Mots

"You'll understand when you're older".

I'm older and even more confused.



Book Report

Third in the **Sam Capra** series, always a good read. Abbott has great dialogue and 500 pages of action in this one. On the downside, he always ends his books with open ends for sequels with no resolution.



Read this again...found even more to like. Second only to his debut **Eye Shot**. Will pay full for any of his. Do not pass this one by. Can you tell I like it...a lot?

-more-



Downtown Minneapolis

As I mentioned last week, MN had a \$1.5 billion surplus. Then Governor Timmy ignored Trump's offer of help in stopping the antifa and BLM riots. The result was \$500 million in damages while Gov Timmy spun his dials on the beer flu lockdown of the MN economy resulting in wiping out the surplus and adding a \$2.4 billion shortfall. Now Gov Timmy is surprised that Trump said no federal aid.

The MN DMV wasted about \$100 million on a computer system that was dead on arrival. We now have a "technology surcharge" when renewing our license.

Maybe Gov Timmy can order us to wear face masks and sell face masks with a "peaceful protest" surcharge.

(Please...do NOT share that idea with any Democrat).

ATTENTION CUSTOMERS

THOSE IN OUR LOVELY GOVERNMENT HAVE ORDERED ALL PERSONS ENTERING INDOOR FACILITIES TO WEAR A MASK.

IF YOU HAVE A MEDICAL CONDITION, THAT PREVENTS YOU FROM WEARING A MASK, YOU ARE EXEMPT FROM THIS ORDER.

DUE TO HIPAA AND THE 4TH AMENDMENT WE CANNOT LEGALLY ASK YOU ABOUT YOUR MEDICAL CONDITION.

THEREFORE, IF WE SEE YOU WITHOUT A MASK, WE WILL ASSUME YOU HAVE A MEDICAL CONDITION AND WE WILL WELCOME YOU INSIDE TO SUPPORT OUR BUSINESS.

Confirmed Cases

- Pakistan - 222,000
- Iran - 235,000
- Turkey - 202,000
- Saudi Arabia - 202,000
- India - 626,000

Worn face coverings their entire life...

...And still reported to have covid-19.

Think America Think!

FACE MASK EXEMPT CARD

I am exempt from any ordinance requiring face mask usage in public. Wearing a face mask poses mental and/or physical risk to me.

DEPARTMENT OF JUSTICE ADA VIOLATION REPORTING NUMBER: 800-514-0301

Under the ADA I am not required to disclose any medical condition to you

If found in violation of the ADA you could be fined up to \$92,383 for your first ADA violation and \$184,767 for any subsequent violations.

Here's a handy card you can use to beat them at their own game.

Ever wonder why your doctor can't use email to connect with you? **They** mandated "special" software email programs and encrypted to "protect" your info. Of course, those "special" software programs are expensive and no one has tracked down the people who benefit from the sale of these programs to the medical establishment. Funny how that works.

For our small business owners who may be the target of Governor Timmy in the next 30 days...see the sign at left.

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