

Recipe Corner Crockpot Cost Savings

Previous newsletter noted the cost savings on ribs using an air fryer. For equal time, here's some details of how my crockpot and recipe (that I have attached with this week's issue) turned out savings and great dinners that I didn't realize were so great. Two 4-5lb chickens at less than \$2/lb at Sam's club...and using one of them resulted in:

> Over a gallon of broth Six chicken a la king Six chicken/rice soup



**Bidenomics at work:** 

Hamburger same price...just a smaller package.



Manhattan DA Alvin Bragg is watching Jack Smith very carefully wondering if he will reach the same conclusion: Don't mess with The Donald!





7.15.2023.2023 **#391** All the news I see fit to print. Freedom of the press belongs to those who own one.

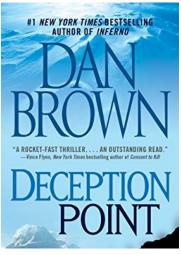
Jack Smith is the latest of the DoJ "warriors" sent by US attorney general Merrick Garland as an independent special counsel in November 2022. Jack is in charge of two ongoing criminal investigations by the DOJ of Donald Trump, one into his involvement in the "attack" on the US Capitol on January 6 and the other into the "improper" handling of classified information. Jack Smith's wide-ranging investigation has cost taxpayers over \$9 million since he was appointed.

In comparison, John Durham's investigation into the origins of the controversial FBI Crossfire Hurricane probe cost about \$1 million in the same time period. It ended in May after releasing a significant, 300-page report that faulted the FBI's leadership for approving the investigation into Mr. Trump although no charges were filed against any employees at the FBI or DOJ and no one was fired.

Special counsel Robert Mueller's probe, which ultimately did *not* reveal that Mr. Trump colluded with the Russian government, cost a whopping \$32 million upon its conclusion.

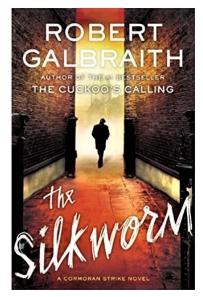
U.S. Magistrate Judge Bruce Reinhart, (a donor to Barack Obama and Jeb Bush who once represented employees of Jeffrey Epstein and authorized the federal raid on Mar-a-Lago) has handed down a gag order prohibiting Donald Trump from disclosing information to the press and public... but it does not apply to Jack Smith. Jack Smith's most prominent staffer is Peter Carr, who served as an ex-FBI director Robert Mueller's staffer. CNN had recordings of Trump used in the indictment described to them by "multiple sources," and was later sent a full transcript – all before the charges were made public.

Merrick Garland is still upset that he wasn't able to capture that Supreme Court seat and is throwing everything he can at Trump in a tizzy fit that makes a mockery of any attempt to "uphold the law".



**Book Report** 

From 2006, a deadly mix of politics, science and extraterrestrials. One of his characters reminds me of Cussler's *Dirk Pitt*. The plot is actually more interesting than *The DaVinci Code* that made Brown famous and rich. I'm looking forward to reading his other novels that Hollyweird didn't screw up.



Second by J.K. RoNow that you are in charge of the employees, please note that the employee work schedule for August should be posted this week.

wlings (*Harry Potter* author) with lots of inside baseball stuff about books and publishing. Her



Just learned you can drink and drive on a golf course.

Yes, I do bad things. And I do them very well.

Sometimes you look at people and wonder how they stuff all that stupid into one head.

Ride my bumper and I'll test your reflexes.

Fossil fuels come from dead animals? Vegans shouldn't be driving?

I wish more people were fluent in SILENCE!

Men are from Mars. Women are from Venus. Other genders from Uranus?

You have the right to remain silent but I wouldn't recommend it.

Your disease is so rare the doctor let you name it?

Pay your taxes so they will protect you from what they do to you if you don't.

Liberals must sleep like a baby. Wake up every two hours screaming.

I stopped celebrating my birthday when I realized that was the day all my problems started.

Mosquitoes are dirty used needles that can fly.

One day I will solve my problems with Maturity. But today, it will be Wine. For fiscal year 2022, the IRS collected \$4.26 trillion in net taxes, up from \$2.76 trillion in fiscal year 2020, the final

year Trump was in office. The national debt is at \$32 TRILLION and rising. Politicians are eyeing cuts in Social Security and Medicare. Meanwhile, the Social Security Administration sent \$4.48 million to the Kiev government in 2022 and 2023. USAID paid off \$4.5 billion worth of Ukraine's sovereign debt through payments made to the World Bank. Western financial interests including BlackRock Inc. are the largest holders of Ukrainian bonds.

Evanston, Illinois, is paying out \$10 million over the course of a decade to black residents as part of a reparations for past housing discrimination, as well as their descendants. Not to be outdone, the California Reparations Task Force voted in favor of approving \$800 billion.

Chicago Police statistics show a 39% increase in total crime this year compared to the prior year. And the answer for the 'defund the police' crowd is to spend \$30 million on the recently launched Illinois "Peacekeepers Program." A man wearing a neon "Peacekeeper" vest was arrested for brutally beating and robbing a motorist in a Chicago neighborhood. Police surveillance video, showed officers apprehending the suspect while fleeing the scene and trying to take the "Peacekeeper" vest off.

The Veterans Administration has a backlog of roughly 250,000 cases. Sen. Marsha Blackburn (R-TN) noted that the VA Mission Act, signed in 2019, was intended to increase access to veteran care in their local area. Blackburn said that receiving access to direct primary care can take up to 75 days in Tennessee for an initial appointment.

The Biden administration's director of Health and Human Services (HHS) has threatened to pull Medicare funding from providers who refuse to offer "transgender" mutilating surgeries and cross-sex hormones.

Democrat Grace Napolitano of California announced this weekend that she will retire when this term ends in January 2025. She will be 88. Grace went from being poor when she entered Congress after the 1998 election to a net worth of over \$5 million. This coincided with the national debt rising from under \$6 trillion when she arrived to more than \$32 trillion today. While many members of Congress whose wealth explodes while they oversee federal spending and regulate the companies they invest in, Grace was exceptionally good at increasing her net worth.

> She did so well, she could be a Biden. She got rich. The nation went broke. She got the gold mine. We got the shaft.



Genetically modified mosquitoes have been released by a company called Oxitec, funded by the Bill & Melinda Gates Foundation, to fight multiple diseases including Dengue fever, yellow fever and Zika. In 2022, the Environmental Protection Agency (EPA) approved releasing more than 2 billion genetically altered male mosquitoes in Florida and California. The first cases of malaria in 20 years in Florida and California were blamed on Gates.

Misdirection? It is Zika. The Zika pandemic of 2015 pretty much fizzled out, only we are now being told it may be one step away from explosive outbreak. While we're trying to find the truth about his bug fun...Gates is planning on a sun blocking experiment by financially backing the development of sun-dimming technology that would potentially reflect sunlight out of Earth's atmosphere, triggering a global cooling effect and unpredictable risks, including extreme shifts in weather patterns.

Wonder if Gates is collecting the dead mosquitoes for a new snack company product?

Until next week...

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