

Recipe Corner Air Fryer Ribs

Yep, playing with the air fryer again. The rub is 1tsp paprika, 1 1/2tsp garlic powder, 2tsp ground black pepper. Mix and set aside. Preheat fryer to 380F. Rub the ribs and place on shelves. Cook at 380F for 20 minutes. Remove and brush sauce on top and sides then back into the 380F fryer for another 2-3 minutes to reach 145F internal temp. My sides were the pinto beans and cole slaw recipes from previous recipes. And, of course, a Carmenere from a Chiliean winery. That air fryer has certainly won a top spot in my kitchen now that I can cook barbecued baby back ribs: 30 minutes. Get a dozen servings for about \$15 from Sam's Club.

Now for a diet tip:

If your food can go bad, it's good for you. If your food can't go bad, it's not good for you. But then again, at my age, I need all the preservatives I can get.

Sports news: Michael Jordan bought the Charlotte Hornets (basketball team... I had to look it up) in 2010 for \$210 million. He is selling it now for \$3 Billion.

Yes, that's a B.

Must have included a season's worth of shoes?



7.1.2023.2023 #389 All the news I see fit to print. Freedom of the press belongs to those who own one.

Tina Smith is the "other" Senator from MN. Tina was manager for both of Mondale's failed campaigns. She successfully managed Mark Dayton's election and was rewarded by being named Itgov. Then she was "selected" to fill Al Franken's senate seat. Tina was also the head of the Planned Parenthood. No wonder she hides.



Sen Klobuchar, on the other hand, is best buddy with Biden. Was going to add a picture of Tina but Post Office was closed and the FBI pictures on their wall were not available.

Now some news about Joe's kid Hunter you may not have heard (of course you haven't unless you subscribe):

An IRS criminal investigator told members of the House Ways and Means Committee at the start of June that President Joe Biden's son deducted tens of thousands of dollars from his 2018 taxes that went to hookers and an unnamed sex club.

Sure...tell us after we've paid our taxes thus year!

Hunter Biden pled guilty to willful failure to pay federal income tax — most likely on his foreign earnings — and entered a "pretrial diversion program" regarding his gun crime. He will face no jail time as this five year investigation concludes. Biden's dubious business exploits came to light during the Obama administration, after he was discharged from the Navy for drug use and immediately found employment on the board of Ukrainian energy company Burisma.

There's still the bribery case with the Big Guy but don't expect too much "justice" from that trial.



Book Report

Could not find any book source for this but found Seven Samurai, a 1954 Japanese epic samurai film co-written, edited, and directed by Akira Kurosawa. The villagers were Japanese farmers in 1586. Watched it and was impressed it was still great. It was the inspiration for the 1960 Yul Brynner Magnificent Seven film. Then this 2016 remake starring Denzel Washington and he had so much fun with it. I'm sure he paid them to star in it.



climate expert Russia expert political expert submarine expert economics expert constitutional law expert classified information expert communicable disease expert



(his claims so far)

journalism expert

(Ooops...sorry Mr. Dolt.)



Technically, according to chemistry, whiskey is a solution.

To reach my age with wisdom, I had to be young and stupid with a lot of good luck.

One of my daughters wants me to be a sweet, quiet old man. I want her to ask "Damn! What's he up to now?"

I'm not mean and grouchy. At my age I can stop being polite and be honest.

Stop asking how stupid politicians can be.
They are taking it as a challenge.

America was great when Marlboros were popular. Now they're vaping strawberry shortcake.

It's time to start protecting our country from the government.

For the kids that complained about the pandemic ruining their Senior year: your grandfathers took their Senior trip to Vietnam.

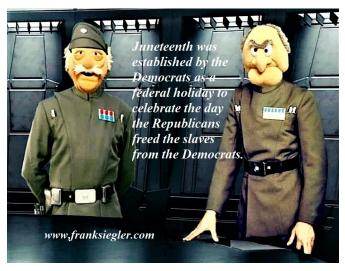
The last day of this year will be 123123.

You're welcome.

Dumbest thing I believed as a kid was that naptime was a punishment.

I love the sound some people make when they shut up.

Why does my prognosis depend on my insurance?



A Reuters investigation into the genealogies of America's leading political figures reveals a legacy of politicians who can directly trace their lineage back to slave owners.

The finding includes Joe Biden and every living former U.S. president, with the single exception of President Donald Trump. All are direct descendants of individuals who enslaved Black people. According to Reuters, the list includes former presidents Jimmy Carter, George W. Bush, Bill Clinton, and – Barack Obama through his white mother's lineage. Trump's family immigrated to the U.S. after the abolition of slavery.

In a comprehensive examination of 536 members of the most recent sitting Congress, Reuters has found that at least 100 are the descendants of slaveholders. A significant proportion of these belongs to the Senate, with 28 members – more than a quarter of the Senate – able to draw direct links to at least one slaveholding ancestor. These connections to slavery span party lines, with prominent Democrats and Republicans counted among this group.

Figures include Republican senators Mitch McConnell and Lindsey Graham as well as Democrats Elizabeth Warren, Tammy Duckworth, Jeanne Shaheen, and Maggie Hassan from the 117th Congress.

A reminder: Abraham Lincoln, 166 years ago:

"The Republicans inculcate, with whatever of ability they can, that the negro is a man; that his bondage is cruelly wrong, and that the field of his oppression ought not to be enlarged." He added, "The Democrats deny his manhood; deny, or dwarf to insignificance, the wrong of his bondage; so far as possible, crush all sympathy for him, and cultivate and excite hatred and disgust against him; compliment themselves as Union-savers for doing so; and call the indefinite outspreading of his bondage "a sacred right of self-government." Rumor has it that Maxine Waters will be switching parties...if she can find one that will take her.



Remember this clown?

Manhattan DA Alvin Bragg is now facing two separate lawsuits from The Heritage Foundation regarding his prosecutorial action against President Trump. The Heritage Foundation believes that Bragg was colluding with the Department of Justice and other federal authorities to indict the former President.

The conservative think tank has also alleged that the Manhattan DA's office withheld documents subject to New York's Freedom of Information Law.

Oh... and: Pope Francis has once again stunned Catholics as he welcomed photographer Andres Serrano to the Vatican. Serrano is the creator of the controversial "Piss Christ," in which he submerged a model of Jesus Christ

submerged a model of Jesus Christ on the crucifix in his own urine. It was on Time magazine's cover.

Now a final word from our leader:

"I want to be clear.
I'm not going nuts."
No Joe...you're already there.

Until next week...

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