



**Recipe Corner**  
**Wild Rice Casserole**

one cup wild rice  
three cups water  
dash of salt

*Cook rice (covered pan) until almost tender (about 45 minutes). While it's boiling:*

*Frying pan for*

-½ cup chopped green onions (include stalk for color)  
-½ cup butter (one stick)

*Low heat; melt butter and let onions simmer while melting.*

*Almost cooked wild rice in large bowl including about one cup of the water it boiled in. Add more water if not a full cup from the rice. Then fold in:*

-one 16 ounce can diced tomatoes including juices  
-one small can mushrooms (pieces and stems) drained  
-one cup shredded cheese

*Add melted butter and onions and continue to fold together.*

*Spray two quart casserole dish.*

*Put mixture in the dish and cover. Bake at 350 degrees for about one hour. I measured out four individual dishes and froze before cooking. Thaw overnight.*

*Son Christopher keeps me supplied with the best wild rice. His up north fishing trips are close to harvest areas.*

*BTW: did you know that wild rice is actually grass seed? No, you can't cook regular grass seed...I checked.*

**THE FRANK REPORT**

6.8.2019 #177

*All the news I see fit to print.  
Freedom of the press belongs to those who own one.*

Never underestimate the power of stupid people in large groups.

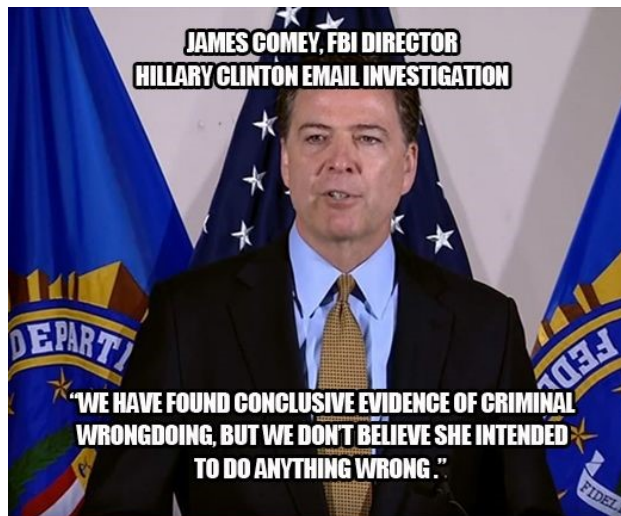
George Carlin

**New York Theaters to Hold 24-Hour Reading of Mueller Report**

**New York Times Describes Fetal Heartbeat as 'Embryonic Pulsing'**

**NYC To Ban Hot Dogs and Processed Meats To Improve Climate**

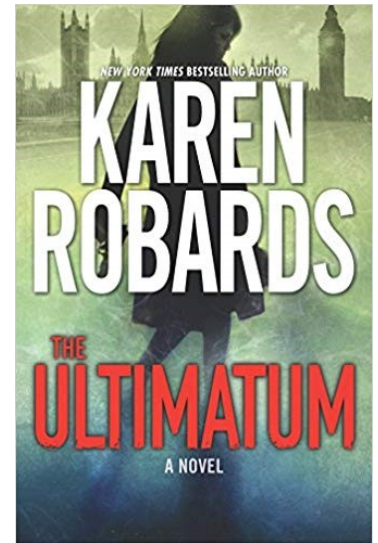
**De Blasio's Green New Deal will...outlaw the new construction of "incredibly inefficient" glass and steel skyscrapers.**



**The Cliff's Notes synopsis of what's happened. Easy to understand when you eliminate obfuscation.**

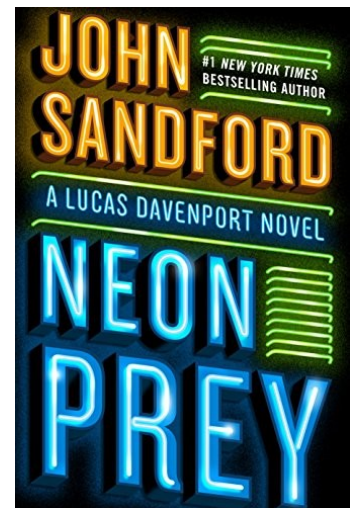
**Bon Mots**

**Good judgement comes from experience. Experience comes from bad judgement.**



**Book Report**

First of the trilogy as Robards switches from romance novels to thrillers. CIA and genetic meddling to create super hero.



Top guy in my author list...never disappoints.

I usually limit the reports to two books but may have to create an addendum as I have five or six in the queue.

Obviously poor menu on TV and good movies non-existent

**-more-**



Cat tree? We don't need no expensive cat tree! Just gimme a wine box and watch us take turns inside. Note the chew marks and Paul ready to leap on Peter...then reverse and repeat.

When they're not chasing each other, they're teaching me how to fold clothes or how to turn pages in books.



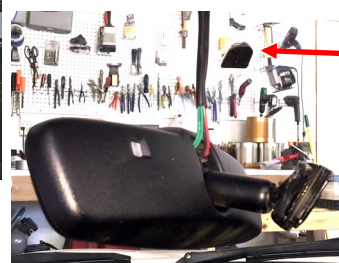
Granddaughter Gracie was inducted into the National Honor Society (junior in high school). Somewhere I still have Roselee's NHS pin. If I find it, Gracie can wear it next year.

Been busy restoring a tool chest that belonged to Roselee's grandfather. Was able to salvage most of the old tools and have just about eliminated all the rust so they look and work as well as new. The chest itself included several dead mice and a spider that was still alive. Salvaged the hinges; added casters and a missing handle on the side so it's easier to move. It's over a hundred years old.



**Fun idea...have Melania dress "up" like Hillary and see what the Lame Stream Media would say.**

Meanwhile...Democratic congress critters held a hearing on abortion and invited an expert to testify:  
Ms. Busy Phillips.  
Her expertise is the fact that she played a doctor in 14 episodes of the television show ER. Her co-star was George Clooney who is now an expert on refugees.



← THAT is what was left of my rear view mirror after hitting one of the potholes in MN. You can see it hanging by the cords that power the compass and outside temp. View is looking through the front.

Bless the internet for step by step instructions on how to fix the rear view mirror. Don't buy those kits as there isn't enough glue to cover the crucial part. Best is Crazy Glue...gel...not the liquid. Couple days and even bouncing over the same potholes and it appears to be fixed. She goes in Monday for some TLC and oil change. Been the best and least repair needs car I've ever owned...1992 Miata by Mazda.

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