



Recipe Corner
Bob's Swedish Meatballs

INGREDIENTS:

- 1 egg
- 1/4 cup milk
- 1 pound lean ground beef
- 1/4 cup dry cream of wheat
- 1/4 cup minced onion
- 1/2 tsp. nutmeg
- 1/2 tsp salt & 1/8 tsp ground pepper
- 1 can cream of chicken soup
- 1 can cream of mushroom soup
- 1 can mushrooms
- 1 can evaporated milk

DIRECTIONS:

Preheat oven to 350 degrees. In a large bowl, whisk together the egg and the milk. Add the beef, cream of wheat, onion, nutmeg and s&p. Mix well. Shape into 1 inch balls. Place balls on a lightly greased baking sheet. Bake at 350 degrees for about 20 minutes. Place meatballs in a lightly greased 2-quart casserole dish. In a separate medium bowl, combine the soups with the evaporated milk, stirring until smooth. Pour over the meatballs. Bake uncovered at 350 degrees for another 40 minutes. *Four meatballs per serving...freezes well.*



Bob Gibson; Marine, LEO, county judge and former neighbor.

RIP...we miss you.

THE FRANK REPORT

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*All the news I see fit to print.
Freedom of the press belongs to those who own one.*



How I see myself on Father's Day...



...how my kids see me.

*Told my sons they did a better job raising kids than I did.
They're still cogitating that one.*

Did get lots of presents. Most creative was the text from daughter Susan telling me to contact the manager of a local liquor store. Scored a bottle of 16 year old Scotch. One of my favorite shopping sites. Wish they had shopping carts as big as the ones at Sam's Club.



MN DMV paid \$93 million for a computer system that failed and spent another \$43 million to fix it. Now you know why there is a \$2.25 technology surcharge when you renew your license tabs. Betcha the idiot responsible got a raise.

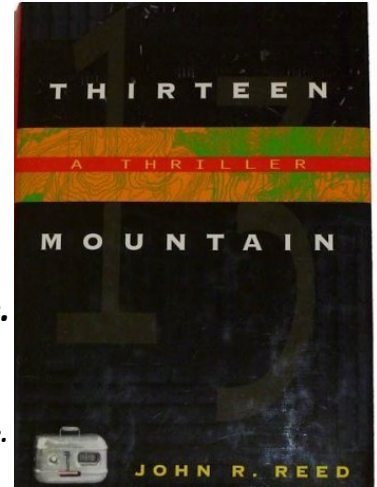


Please do NOT show this to MN Governor Walz.

He gets in trouble all by himself.

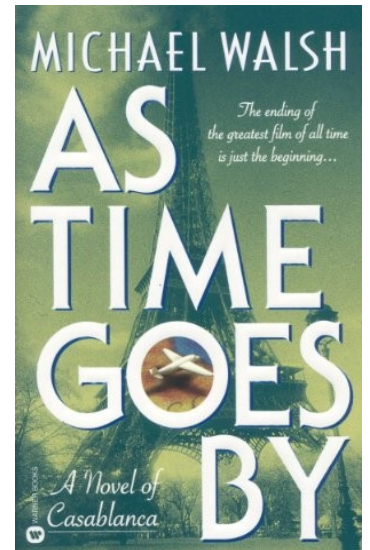
Bon Mots

**I'm not anti-social.
I'm anti-stupid.**



Book Report

Debut novel from 1995 with a setup for a sequel but can't find anything from him but self published poetry. Major publisher did this one so wonder what happened. Started as cliché but got interesting half way through.



Dr. Marshall sent this...sequel and prequel that brackets the movie *Casablanca*. Author did excellent job with the characters and historical accuracy. Notes about the movie also provides excellent Afterword.

-more-



Apparently my homemade pizza is addictive. This trash bandit “belongs” to Patty T. who took leftovers home to mollify the terrorist.



*“I just want to be clear in terms of the definition of people dying of COVID. So, the case definition is very simplistic. It means that at the time of death it was a COVID-positive diagnosis. So that means if you were in hospice and had already been given, you know, a few weeks to live and then you were also found to have COVID, that would be counted as a COVID death. It means that if, technically, **even if you died of a clear alternate cause but you had COVID at the same time it's still listed as a COVID death.** So, everyone that's listed as a COVID death doesn't mean that that was the cause of the death, but they had COVID at the time of death”.*

Director of the Illinois Department of Public Health

The CARES Act provides a **20% Medicare bonus** for COVID patients. Most recorded COVID-19 fatalities are elderly people with one or more co-morbidities. If someone dies with COVID-19, that becomes the cause of death for official purposes. That's true even if it didn't technically “cause” the person's death. A review of Minnesota deaths through late May, for instance, found that of 741 registered COVID-19 deaths, fewer than 41% listed it as a “primary cause”.

No wonder NY Governor Cuomo shipped all those old Medicare people to nursing homes? He collected 20% more from Medicare!

The flu killed 34k people in the U.S. last year. None of you were afraid because the media didn't tell you to be!



About those masks:

Karen complains I'm not wearing a mask? I tell her I'm not wearing underwear either!

Here's a link that explains what happens when you wear a mask:

<https://twitter.com/i/status/1275497149619253248>

Scientific measurement of the air you're breathing shows at least 20% oxygen. Danger levels begin when it falls below 17.5%...and wearing a mask dilutes the oxygen you're breathing to levels considered dangerous while increasing the amount of carbon dioxide. So...if you start to feel dizzy while wearing a mask, lower it quickly or you might pass out and some Democrat will haul you off to a nursing home to collect that Medicare bonus!



What happens if you let your kids watch the news.

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