

# Recipe Corner Oriental Goulash 6.17.2019

Covered pan: 2 cups of home made chicken broth and cup of rice with sweet basil Fry Pan: hamburger, garlic, onions and sweet peppers Bowl: 12oz frozen vegetables, chopped celery and can of cream mushroom soup

Mix together and divide into microwaveable containers. (OK to freeze the containers)

Microwave till hot then Chow Mein noodles and soy sauce. (add some cashews for more crunchies)

This recipe was inspired by some white wine and remembering my dad. He would attack the kitchen and gather "stuff" and come up with something like this. Whatever the result, it would always be called "goulash" since we grew up in a Polish neighborhood in Milwaukee. You can experiment with any element of this one...was tempted to try adding eggs to the hamburger but will let the more adventurous try that. Let me know of any weird permutations of this basic recipe...success not failures! I also remember Roselee's reaction when I had a brain fart like this...this is our 58th wedding anniversary.

Note: if you invite the Mills to share...skip the celery and make sure those peppers are sweet and not green!

#### THE FRANK REPORT

6.22.2019 #179

All the news I see fit to print. Freedom of the press belongs to those who own one.



Don't be alarmed. It's just a gender confused Democrat trying to figure out if he/she/it/they should be voting for the old white guy or the man hating feminist.

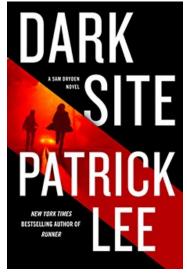


And just in case the Democrats fail in bypassing the electoral college, they are fighting the census citizenship question so that they can gain electoral seats in the next census. Devious devils ain't they? They are spending more time avoiding the brilliance of our founding fathers while they focus on circumventing the Constitution, the Bill of Rights and any success Donald Trump has in MAGA!

Meanwhile, they have eliminated any civics studies in the educational system so young minds can be filled with lies. Don't believe me? Ask your kids or grand-kids to explain the wisdom of the electoral college in a republic versus a democracy. Their answers will scare hell out of you (with the exception of my grandkids who anticipate grandpa's questions!)

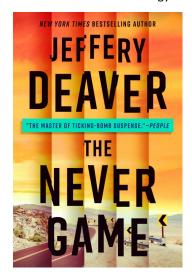
#### **Bon Mots**

Rich people have brand logos on their clothes. Happy people have cat hair on their clothes.



### **Book Report**

The third in the *Sam Dryden* series. Lee is becoming one of my top authors with this sixth offering. Check last week's addendum for his sci-fi trilogy.



Colter Shaw is Deaver's new hero; a survivalist who can track and find anyone. Some interesting insights into tech gaming community and Deaver's usual intense plot.

-more-



The Boys provide a very blatant reminder that 2pm is nap time. Applicable unless they can see the bottom of their food dish...then it's panic time!



Things your children teach you: Red wine does not go well with lobster.



If pregnant women got to vote twice...would politicians still be pro-abortion? Just saying.

Oh...twins? Triplets?

Octomom????

## Remember this one?

Government "helping" business...surrrrre.....



BAIL'EM OUT!!! ???? Hell, back in 1990, the Government seized the Mustang Ranch brothel in Nevada for tax evasion and, as required by law, tried to run it. They failed and it closed. Now, we are trusting the economy of our country, our banking system, our auto industry and possibly our health plans to the same nit-wits who couldn't make money running a whore house and selling whiskey?

What the Hell are we thinking?

**Best Argument For Term Limits** 

The front runner in the Democrat 2020 race has been there how long? And now says he can

"fix it".



While the politicians are busy trying to demonize each other, I'm too busy to care. Been cogitating various devices to thwart the squirrels from the new bird feeding area Chris and Brenda are installing (Father's day gift). Also nervous about why the popcorn seeds haven't germinated and pushed up in the garden. Library visits continue to provide new authors to read. Seems the more strident the politicians and celebrities get the more I tune them out. *Whatfinger.com* continues to provide a cross section of the news out there leading to more hilarity and reasons to ignore them. I'll get my shot at them at election time.

GPA/DAD/UNCLE/ETC fns@franksiegler.com