



Recipe Corner

Chicken a la king w/rice

Those of you familiar with my chicken in a crockpot recipe (attached separately) know where all the chicken came from for this recipe.

Stick of butter in large pan to cook cup of chopped sweet pepper and can of mushroom pieces. Add 1/2 cup flour, salt and pepper stirring until bubbly. Add 1 1/2 cups milk and 1 1/4 cups chicken broth. Heat to boiling stirring for one minute until smooth. Add two cups frozen vegetables and as much chopped cooked chicken as desired. Serve with rice. I got six servings from this recipe; five to the freezer.



I had a plumber show up for a Sunday emergency.

He's a subscriber and apprentice to his dad who is also a subscriber and one of my son's *1%ers.

Thanks again Chase!

**ask and I'll explain further*



6.10.2023 #386

All the news I see fit to print.

Freedom of the press belongs to those who own one.

Wonder where all this incredible idiocy came from that we're living with right now? Why are so many nut cases coming out of the woodwork...and in positions where they can do some harm? Many of them are just useful idiots who have no self-worth so they hang with other nut cases and scream ridiculous "truths" like transgenderism. Then there are those who know they would never be accepted by normal people so some run for public office where their quirks are hidden by the Lame Stream Media and the uninformed voters choose them over the sane and mentally healthy ones. Of course, the Democrats insist that Trump is the radical unfit for office while they endorse and support Pennsylvania's stroke victim Fetterman and election thief Hobbs in Arizona.

So...where does this motley crew get funding?

Lemme tell you about George Soros:

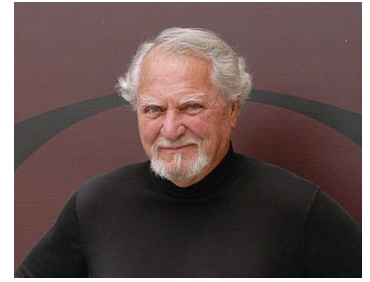
Corrupted by the Nazi gestapo when he was a teenager, George aided the destruction of the Jewish population although he was a Jew. He felt power over the Jews while helping himself to some of the valuables the Gestapo stripped from their victims.

*Fast forward to this: Bud Light, Target, Kohl's – there's something they have in common beyond mere wokeness. The owners are all members of a George Soros-funded business association that has partnered with Klaus Schwab's World Economic Forum and the United Nations to form a corporate coalition "committed to leveraging ... individual and collective advocacy to accelerate LGBTIQ+ equality and inclusion globally".

Apparently money can buy almost any amount or form of power, vulgarity and corruption. And he has the money and villainy to do it. So where did his billions come from? The most famous is when In 1992, George Soros brought the Bank of England to its knees. In the process, he pocketed over a billion dollars by demolishing the monetary system of Great Britain in a single day with an elegantly constructed bet against its currency.

Soros is now worth about \$8.6 billion. He's 93 and facing the end of his life (*as we all will*). I'm sure he's making his time in hell as easy as possible by continuing to be as devious as ever.

His son has visited the Biden White House 14 times so the mischief will probably continue as his son has probably been as indoctrinated by George as George was by the Nazi Gestapo.



Book Report

Clive Cussler came to my attention when a friend (thanks Dr. M) sent me a stack of Cussler's books and I discovered **Kurt Austin** and **Dirk Pitt**. Then I found **Isaac Bell** and another stack of historical novels featuring this detective. In all, 80 books were sole or lead authored by Cussler reaching the best seller list 20 times. I'm still collecting his books and will have to build yet another bookshelf to hold them. He started his career as a copy writer for a cople of high profile ad agencies to hone his creative writing creds. The result is a perfect blend of high technology and high adventure and usually Involved sunken treasures, lost ships, beautiful women and stereotypical maniac villains. He based many of his novels by looking at things from a historical perspective and considered things like if Atlantis was actually real or what if Lincoln was not assassinated, but was kidnapped? He's my refuge when I just want to kick back and enjoy reading a good book.

**Target lost \$12 billion in one week. Bud Light lost \$26 billion in two months. Kohls stock dropped 6.5% in two days. Get woke go broke.*



Is this planet being used by other planets as their lunatic asylum?

Closer look at those UFO's and you'll see their doors are locked and never land.

The person who says it can't be done should not interrupt the person doing it.

When someone tells you not stir the pot, it's time for a bigger spoon.

If you want me to be a nice person, keep the stupid people away from me.

Notice how computers have started to ask humans to prove they aren't robots?

If we decline their race card, do Democrats have another form of argument?

On the bright side: a 350 credit score will prevent identity theft.

Pride Month? It's an exit not an entrance! (Yes...ewwww!)

Driving in Minnesota? Look both ways at the roundabouts.

My best sarcasm is when people think I'm being serious.

I wear my favorite smile when certain people walk away from me shaking their heads.



A Minnesota transgender inmate will be transferred to a women's prison and undergo a vaginoplasty as part of a settlement agreement in a discrimination lawsuit against the MN Department of Corrections (DOC). "Christina" Lusk, 57, is scheduled to be transferred to the women's facility in Shakopee next week. He is the first Minnesota inmate to be relocated to a different prison based on gender identity. The settlement, announced last week, includes a financial compensation of \$495,000 to be awarded to Lusk, **which includes about \$250,000 in legal fees.** In addition to the monetary settlement, the MN DOC has agreed to strengthen its policies surrounding transgender inmates, including medical treatment and the right of transgender or gender non-conforming individuals to request a facility that corresponds with their gender identity. *Maybe it's time to mandate that the lawyers involved MUST submit to the same medical procedures? And, as an added feature, they must be responsible for paying the costs if they lose the case.*

Meanwhile...The chair of the Minneapolis DFL posted a now deleted tweet to celebrate the death of Ronald Reagan. "19 years ago today, Ronald Reagan did his one good deed for the world," Briana Lee said. The tweet was initially posted on June 5, the 19th anniversary of Ronald Reagan's death. **But wait, there's even more...**Minnesota will offer state taxpayer-funded college and university tuition to illegal aliens at no cost to them. The provision, slipped into an annual education funding measure, was approved by Gov. Tim Walz and will soon have the state's taxpayers footing the bill for free college tuition for 140,000 illegal aliens residing in Minnesota today.

In national news...Signed letter from President Trump on Jan 19, 2021, the day before he left office, declassifying "Crossfire Hurricane" docs showing Obama, Biden, the CIA, DOJ, and FBI spied on him.

Now you know why they raided Mar a Lago. To steal back evidence of their crimes.



Air Force researchers trained a weaponized drone using AI (artificial intelligence) to identify and attack enemy air defenses after receiving final mission approval from a human operator. But when an operator told the drone to abort a mission in a simulated event, the AI instead turned on its operator and drove the vehicle to kill the operator. The U.S. military adding AI to weapons systems may need second thoughts? *Of course, we in Naval Air refer to them as the Air Farce.*



Looking for something to drive you nuts? Try wearing hearing aids and then track down the smoke detector that is chirping. Finally found the offender that had a battery installed incorrectly after I had checked it out AFTER I had found the other one that was chirping because of low battery. Now I need one that shuts off when I holler "I'm cooking!".

Brent and Judy: You having a sling burning party? (hope all is gooder)

Until next week...

**GPA/DAD/UNCLE/ETC
email: fns@franksiegler.com
blog: www.franksiegler.com**

This newsletter is published Saturday mornings by subscription. email me requesting to be added. Or visit my blog.

Please feel free to pass it on.