



Recipe Corner

Korean Ground Beef Bowl

Ingredients

- 1 pound lean ground beef
- 5 cloves garlic, crushed
- 1 tbs freshly grated ginger
- 2 tsp toasted sesame oil
- ½ cup soy sauce
- ½ cup light brown sugar
- ¼ teaspoon crushed red pepper
- 6 green onions, chopped
- 4 cups hot cooked rice
- 1 tbs toasted sesame seeds

Directions

Heat a large skillet over medium-high heat. Add beef and cook, stirring and crumbling into small pieces until browned, 5 to 7 minutes. Add garlic, ginger, and sesame oil, stirring until fragrant, about 2 minutes. Stir in soy sauce, brown sugar, and red pepper. Cook until some of the sauce absorbs into the beef, about 7 minutes. Add 1/2 of the chopped green onions. Serve beef over hot cooked rice; with sesame seeds and remaining green onions.



We're beginning to learn where Covid started. Above is most likely the weakest argument you'll hear from Communist Chinese Party.



5.29.2021 #280

All the news I see fit to print.

Freedom of the press belongs to those who own one.



Alex Marlow's book (reviewed at right) goes into great detail on how social media has not only banned speech but has also blacklisted any website that even seems to be conservative. Twitter went one step too far and the Democrats were caught red handed working with them:

Dr. Shiva Ayyadurai, the man who invented email, ran for US Senate in Massachusetts as a Republican and made allegations of voter fraud on Twitter. These tweets were then deleted by the far-left tech giant. They were deleted at the proven direction of government employees of the Massachusetts Secretary of State's office.

Discovering this, Dr. Ayyadurai filed a federal lawsuit by himself, alleging that his federal civil rights were violated when the government silenced his political speech in order to affect an election.

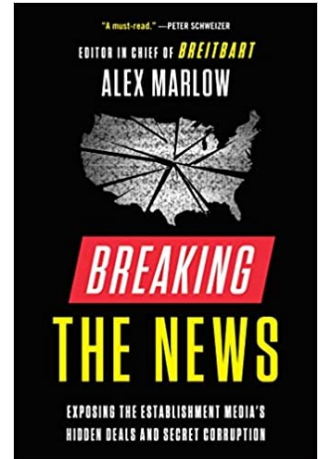
The Federal judge in charge of the case agrees with Dr. Ayyadurai and the lawsuit is on its way to deliver a major financial hit on Twitter opening the door to more.

In the meantime, Florida Gov DeSantis got a major bill passed in Florida that has huge fines if similar actions are taken by any of the social media tech companies at both state and local level campaign levels.

BTW: I'm still banned from Nextdoor.com because I caused my neighbors to create a tsunami of laughter aimed at our Gov Timmy Walz for press conference theatrics involving the interpreter for deaf and hard of hearing. I simply asked if she was there for the deaf reporters. Hilarity ensued. I was labeled top post of the week but still got banned. **Details in PDF file attached.**

Bon Mots

*Life is short.
If you can't
laugh at yourself,
call me.
I can and will.*



Book Report

Author was hired by Andrew Breitbart. He is now editor in chief of the Breitbart news organization carrying on the work Andrew started. Deep dive into the consolidation and control of the news media is presented with hundreds of facts documented with a huge appendix allowing you to do your own fact checking ...something the Lame Stream Media avoids through the use of "anonymous sources". Most disturbing is the reveal of the guerrilla tactics of the establishment: the actual blocking of ad revenue sources from any organization outside their monopoly. Advertisers face boycotts if they manage to reach around the blockage.

-more-



Minnesota ended its statewide mask-wearing order last week following new guidance from the Centers for Disease Control and Prevention allowing people who are fully vaccinated against COVID-19 to stop wearing masks. Even as Gov Timmy was ending the statewide order, he said that entities like hospitals and airlines would still be allowed (he allows?) to require masking if they choose. Local governments can also keep mandates in place.

Minnesota Health Commissioner Jan Malcolm said that fully vaccinated people were free (as opposed to?) to return to pre-pandemic activities, although she expressed reservations about the move to end the statewide masking order and its potential effect on residents. If it were feasible to keep a mask mandate just for unvaccinated people, "I definitely would have liked to see that. I just think that it's not practically enforceable at this stage." (Or legal Lady!)

The Federal Health Information Patient Protection Act (HIPPA) is a federal law preventing anyone from asking you about your medical records. I'm looking forward to the next "Karen" I encounter as I continue my stroll through life bare faced...well, with a beard (my "youngest" child has never seen me without it).

The GOP in MN is nonexistent. I swear the Democrats put their people into "leadership" roles in that organization and subvert any call to action.

Here's a call to action I would love to see some true conservative use to bring the whole idiocy under a spotlight:

Hey Timmy...what are you going to do about all those masks that are now littering MN?

Around **129 billion** disposable masks are used **every month** around the world, according to the American Chemical Society. Made out of polypropylene plastic material, elastic and metal, used masks are usually thrown out in garbage bins, destined for landfills, or incinerated. They are also littering streets, rivers and oceans, harming wildlife.

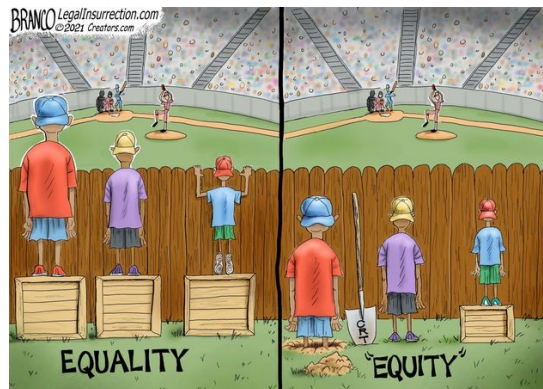
Oregon is pushing the idea of vaccine "passports" that will be used to ostracize non-vaccinated people and require them to wear masks and maintain distance. It's obvious the political idiots in that state are distancing themselves from reality.

Wish I still lived there...I could triple my retirement income with lawsuits. I'd even play the race card pointing out they are persecuting me because I'm pink...and not white or black...oops...Black.

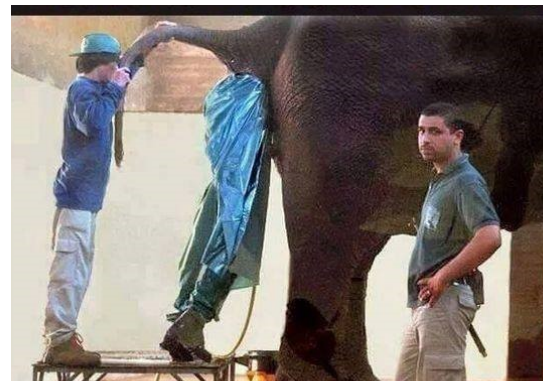
Whatcha think...Larry B.? (inside joke).

Mal Mots

***If you help someone
when they're in trouble,
they will remember you
when they're in trouble again.
You're welcome.***



Everyone must be treated equally under the law regardless of race, gender, national origin, color, ethnicity, religion, disability, or other characteristics, without privilege, discrimination or bias. Democrats are trying to change that to equity...which is succinctly explained above.



Minnesota's GOP "leaders" will do their usual search for 2022 candidates. They will ask for donations using social media where they will be blocked. Questions posed to them on their website will be ignored. No wonder the GOP hasn't had any success in this state!

Until next week...

GPA/DAD/UNCLE/ETC
fns@franksiegler.com

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