

Baked French Fries

Ingredients

2 medium russet potatoes 2 Tbsp canola oil Salt to taste 2 cloves garlic, very finely minced 1 tsp rosemary leaves 1/4 cup grated Parmesan

Directions

Preheat the oven to 425°F.

Peel the potatoes and cut into 1/4-inch fries (about twice the thickness of standard fast-food fries).

Soak in warm water for at least 15 minutes or more before cooking. (important!)

Drain the potatoes and dry thoroughly.

Combine the fries and the oil in a mixing bowl and toss until they're evenly coated.

Season thoroughly with salt.

Spread the fries out on a large baking sheet, being careful they don't overlap. (I use parchment paper).

Bake for 30 minutes, until the fries are just tender and browned on the outside.

Sprinkle with the garlic, rosemary, and Parmesan and return to the oven for another 10 minutes, until the cheese is melted and the garlic lightly browned.

Better than fried!



5.25.2024 #436
All the news I see fit to print.
Freedom of the press belongs to those who own one.

The Lame Stream Media (LSM) went overboard in creating a savior image of Fauci. They echoed talking points and failed to do any background checks on Fauci.

Here's just a bit of what they (purposely?) missed:

"Dr." Anthony Fauci got over \$350 million to research the AIDS epidemic among gay men. All he came up with was AZT (and some questionable personal royalties for the drug). In 1968 Fauci got a job with the National Institutes of Health. Fauci's has no advanced degrees in molecular biology or biochemistry but in 1984 the NIH made him head of the National Institute of Allergy and Infectious Diseases (NIAID). Given other choices at the time, may have been political connections rather than competency?

"This man thinks you can take a blood sample and stick it in an electron microscope and if it's got a virus in there, you will know it. He doesn't understand electron microscopy and he doesn't understand medicine", said Kary Mullis, PhD in biochemistry and winner of a Nobel Prize for a discovery "of major importance in both medical research and forensic science."

Fauci's favored AZT cure for AIDS was found to be useless against cancer. It also failed to prevent or cure AIDS but became a "superstar product" for Burroughs Wellcome, which charged \$10,000 per AIDS patient per year. Burroughs Wellcome's profits from AZT were estimated at \$427 million, possibly as high as \$592 million. Then the swiftly approved Covid vaccines failed to prevent infection or transmission but turned out to be superstar products for their makers.

In 2022, "The ongoing Covid-19 pandemic propelled Pfizer's earnings to a record \$100 billion last year and Moderna's Covid vaccine "generated approximately \$18.4 billion," exceeding 2021 sales of \$17.7 billion. Moderna "also projected 2023 sales of the vaccine to reach at least \$5 billion not counting mandates in the USA, Europe and Japan, "among others."

"Mandates for those vaccines", Sen. Rand Paul said, "should not be dictated by anyone who stands to gain monetarily." The NIH is not exactly up front about Dr. Fauci's share.

The LSM went after a politician for shooting a dangerous dog.

They were OK with Fauci torturing puppies.



Book Report

Did you know that *Rambo* is from Iowa? No, that's not John Wayne (also from Iowa). Rambo was created in 1972 by David Morrel, a university professor at the University of Iowa English Department. He is a co founder of the group, International Thrillers Writers. Hollyweird bastardized his *First Blood* novel using about 10% of the plot and fleshing out the movie with lots of bangs and blood.

My point: *Rambo* is but one of five heroes Morrel created.
I've started reading his over
30 Novels and understand why most were best sellers.

I've attached a list of his books (with links to Amazon) as well as his bio. I'd recommend the **Mortalis** series as a start.



Have you noticed how the Lame Stream Media can't keep up with the Biden gaffes?



Yes, I'm an adult.
But not on purpose.

Identity thieves can't use your credit card if it's maxed out. (you're welcome.)

Drug testing will confirm that I'm just weird.

History WILL repeat itself as long as schools refuse to teach it.

Therapy may help you feel good about hating people?

Sleeping is like being dead without the commitment.

Life is like a roller coaster. Sometimes you throw up.

If at first you don't succeed, maybe you're doing it the wrong way.

If women do the same job for less money, why do companies hire men for the same job for more money?

"You'll understand when you're older". I'm older and even more confused.

The world is not full of assholes, but they are strategically placed so you'll run across one every day.

Every. Day.

If liberals don't believe in biological gender, why do they march for women's rights?

That voice you may hear inside your head... ...it's called thinking.



The Boy Scouts are no more.

The organization, once well known for helping shape boys into good men, allowed girls to join in 2017.

Now the group is going a step further, announcing its new name will be Scouting America.

I'll miss the Boy Scouts Marching Song:

"Be prepared...that's the Boy Scouts marching song.

Be prepared...as through life you travel on.

If you're looking for adventure of a new and different kind...

...and you happen to meet a Girl Scout who is similarly inclined...

...don't be nervous...don't be flustered...don't be scared...

BE PREPARED!"



Chuck you Schumer and Nancy Piglosi have traded in their BLM scarfs for HAMAS scarfs. Wonder if Dr. Brix, the scarf lady from the good 'ol COVID days, sells them? Also wonder if BLM is aware of the following:

History classes and textbooks mainly teach slaves were black and slave owners were white. One of the first legal slave owners in the American colonies, Anthony Johnson, was black, and he came from Angola as an indentured servant. Becoming free, he bought land and slaves.

Virginia 1655 Court records indicate he owned slaves.

He became significantly wealthy, as did other black slave owners. The wealthiest slaveowner in Louisiana with the most slaves was black.

Kinda ruins the whole narrative for the Lame Stream Media, doesn't it?

Tidbits

(a small and particularly interesting item of gossip or information)

California Supreme Court Rules People Cannot be Detained for Trying to Evade Police Officers

Mayor Eric Adams Proposes Hiring Illegal Immigrants as Lifeguards to Address NYC Shortage, Because 'They're Excellent Swimmers'

Google Removes 35,000 YouTube Posts to 'Safeguard' EU Elections

Pelosi says she wants to see

Trump in prison. I doubt if he will
have time to visit her.

Bill Clinton says the US should keep migrant children on a small, private and secure island until their parents can be located.

In 2023, 32% of Americans own at least one firearm. There are approximately 259,000,000 adults, which equates to 82,880,000 people who own a firearm in the U.S.

The House passed a bill to detain and deport illegal aliens who assault police officers.

148 Democrats voted AGAINST it.

Ukrainian Corruption Center reports northern border defense funds were diverted to fake companies, letting Russians walk across border in new offensive.

"Men" have taken nearly 900 awards, scholarships, or other honors from female athletes.

Until next week...

email: fns@franksiegler.com blog: www.franksiegler.com

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