



Recipe Corner

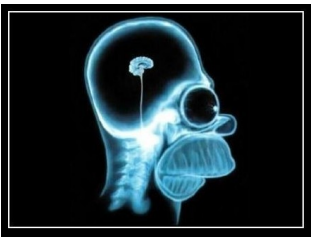
Baked Shrimp Wild Rice

Ingredients

- 8-ounce wild rice
- 1 pound cooked shrimp
- 2 tablespoons butter
- 1/2 onion, chopped
- cream of mushroom soup, 10 3/4-ounce cans
- 2 cups grated sharp Cheddar more mushrooms
- salt and pepper

Instructions

Preheat oven to 325 degrees F. Cook the rice. Drain and cool. Heat butter in saucepan and sauté the onion until soft, about 5 minutes. In a large bowl, combine the rice, soup, 1 1/2 cups of cheese, shrimp and onion. Add salt and pepper, to taste and mix well. Spray a 11 by 7-inch glass casserole dish with non-stick spray. Spread the mixture in the dish and top with 1/2 cup cheese. Bake for 30 minutes.



Low Information voters love that free gubmint money.

For those not applying for a job because they are taking advantage of the unemployment cash from the Democrats...what are they going to do when they finally have to apply for a job and try to explain a two year gap in their employment history? Because they want a paycheck and not a job?

The Frank Report

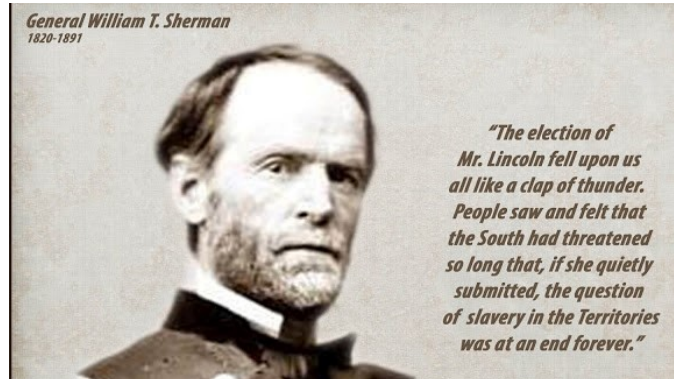


"Lets see what Frank has for us this week."

5.22.2021 #279

All the news I see fit to print.

Freedom of the press belongs to those who own one.



General William T. Sherman
1820-1891

"The election of Mr. Lincoln fell upon us all like a clap of thunder. People saw and felt that the South had threatened so long that, if she quietly submitted, the question of slavery in the Territories was at an end forever."

Wise words from a warrior.

The South was bolstered by the Lame Stream Media; the conflict was prolonged and Sherman did his famous march. His disdain for the press elicited some famous quotes that are applicable even today:

"I hate newspapermen. They come into camp and pick up their camp rumors and print them as facts. I regard them as spies, which, in truth, they are."

"If I had my choice, I would kill every reporter in the world, but I am sure we would be getting reports from hell before breakfast."

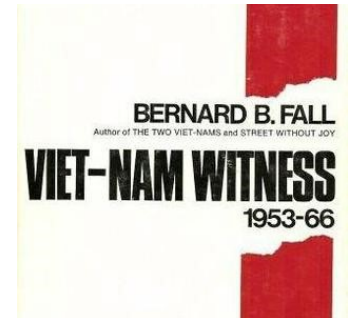
"I think I understand what military fame is...to be killed on the field of battle and have your name misspelled in the newspapers."

With the Middle East at war again, after POTUS Trump had created the first real signs of peace in the region, it may be prudent to identify those who are agitating conflict rather than peace for nefarious purposes...usually having to do with the sale of weapons. General Sherman had a distaste for them when he said:

"It is only those who have neither fired a shot nor heard the shrieks and groans of the wounded who cry aloud for blood, more vengeance, more desolation. War is hell."

Bon Mots

A clear conscience is usually the sign of a bad memory.



Book Report

Nephew David is reading (well, listening since he cheats and buys the audio books) some of

Fall's books. I remember reading this one about the same time the New York Times insisted that the Gulf of Tonkin "incident" never happened and POTUS Johnson got us deeply involved based on a lie. I wrote a rebuttal to their editorial (attached as a separate PDF) but it was ignored. Seems Gen'l Sherman was spot on. I was going to buy a hardcover copy since I loaned mine and never got it back. Amazon has it listed for \$902.81...that's not a typo.

9,087,000 military personnel served on active duty during the Vietnam Era (August 5, 1964 - May 7, 1975).

Of the 2,709,918 Americans who served in Vietnam, (in country), less than 850,000 are estimated to be alive today. The youngest would be about 65 years old.

(Stats are from VFW Magazine)

-more-



I've mentioned before that this is my eighth pandemic. It has the highest survival rate of any of the eight. Covid has also been the most personally disruptive because the Democrats have hijacked what used to be a fairly competent medical industry. I was denied medical treatment by both private and VA physicians...not by the care givers...but by the draconian government edicts that threatened their professional life if ignored. The edicts demanded my submission with the mask used as their symbol of victory. I refused and have survived the almost two years without ever wearing one. I have managed to not only maintain some semblance of normalcy, but I have also discovered shortcuts and actual savings when shopping for everything from groceries to clothes and tools to keep me healthy and occupied. The edict was not able to subvert the relationship I have with my personal physician and she has been able to provide any Rx I needed without jeopardizing her position in one of the corporations she affiliates with. Sam's Club, unlike their flag store Walmart, didn't bat an eye the first time I walked in without a mask after the edict. The guard at the door...yes...a hired guard...just smiled and gave me a thumbs up as I shook my head when he asked if I needed a mask. Home Depot...like a candy store for me...wasn't as draconian with a guard at the door, but didn't bother me when I declined the free mask at their door. I never even considered Target as they are still trying to figure out the bathroom thingy and contribute money to BLM every time one of their stores gets torched. I did give up on Hy Vee, a local high end grocery store. My CYA inquiry to their corporate headquarters provided me with a copy of the assurance that I would not need to wear a mask when shopping there. I usually avoid high traffic days like weekends when shopping, but one day at Hy Vee, one of their floor managers shouted at me to back away from the checkout counter because I wasn't wearing a mask. I had so much fun with this idiot that he turned away and literally ran while the crowd around the incident actually burst out in laughter and applause. Probably one of the reasons my kids don't go shopping with me. Didn't even get a chance to wave the CYA note in front of his face he left so fast. I've run across a few Karens out there about my bare face. My ability to respond to them immediately with humor and my definition of wit has convinced me I am avoiding the initial signs of senility. God help me, but I almost look forward to the confrontations...with a smile on my face that everyone can see.

Mal Mots

***Hold your wife's hand
when shopping.
Not to be romantic.
Economics!
You're welcome.***



The left hates everything POTUS Trump says. Here's how to tell if he's speaking the truth:

***Farcebook blocks it.
Google hides it.
Twitter deletes it.
YouTube bans it.
Lame Stream Media says
it's a conspiracy theory.***

This newsletter, and my blog, are personal musings for my own amusement. Others far more capable than I can provide the overview of world events and how they will affect man/woman/thingykind. One of them is at a website I mentioned during this week:

LoveBreedsAccountability.com

I urge you to visit and read the latest article:

***Trump's Vaccines Saved America Not From
COVID-19, But From Media & Democrats
Who Weaponized It***

It's one of those articles that literally wakes you up with ideas that bring everything into focus and makes sense out of the senseless things going on in the world.

Until next week...

GPA/DAD/UNCLE/ETC

fns@franksiegler.com

This newsletter is published every Saturday morning and is by opt in subscription. That means you send me an email requesting to be added to the list. Please feel free to pass it on.