



## Recipe Corner

### Chicken a la King

#### Ingredients

- 1/2 cup butter
- 1 chopped bell pepper
- can sliced mushrooms
- 1/2 cup all-purpose flour
- 1 1/2 cups milk
- 1 1/4 cups chicken broth
- 2 cups chopped chicken

Melt butter in 3-quart saucepan over medium-high heat. Cook bell pepper and mushrooms in butter until bell pepper is crisp-tender. Stir in flour, salt and pepper. Cook over medium heat, stirring constantly, until bubbly; remove from heat. Stir in milk and broth. Heat to boiling, stirring constantly. Boil and stir 1 minute. Stir in chopped cooked chicken and cook until hot. Serve over drained 3 cups hot cooked rice or 12 slices toasted baguette.

I find this a great recipe for leftover chicken and my homemade chicken broth. It freezes well so rice is a quick decision or you can use banquettes.

Up the amount of chicken to 3 or more cups depending on how much sauce I create.



5.18.2024 #435

*All the news I see fit to print.*

*Freedom of the press belongs to those who own one.*

President Joe Biden’s decision to withhold bombs from Israel will cause more Israeli soldiers to die in booby-trapped buildings that would otherwise have been destroyed from the air.

Biden also Admits They Are Withholding Information from Israel on the Location of Hamas Leaders in Hidden Tunnels.

This isn’t the first time Biden harassed Israel. During a June 1982 session with the Senate Foreign Relations Committee Biden, 39, lectured the 68-year-old Israeli Prime Minister Menachem Begin over Israeli settlements, jabbing his finger at the prime minister and banging his fist on the desk. Biden warned that eroding support for Israel threatened U.S. aid.

Israel was at war in Lebanon and far more dependent on American assistance than it is today. Begin wouldn’t be cowed. “Don’t threaten us with cutting off aid to give up our principles,” he shouted back. “I’m not a Jew with trembling knees”.

Rep. Cory Mills (R-FL) announced last week he was drawing up impeachment articles against Biden for compromising national security by withholding military aid to Israel. Democrats impeached President Trump over a phone call with Ukraine President Zelenskyy for asking about Biden’s family corruption and pay-for-play schemes with Ukrainian officials. Rep. Mills is using the exact same language from the Democrat’s junk impeachment drafted by Rep. Jerry Nadler, against President Donald Trump in Biden’s articles of impeachment.

Meanwhile, the foreign-born or immigrant population (legal and illegal) hit new record highs in March 2024 of 51.6 million and 15.6 percent of the total U.S. population. Since March 2022 the foreign-born population has increased 5.1 million, the largest two-year increase in American history. The foreign-born population has never grown this much this fast. Although many think of immigrants only as workers, *less than half* of those who arrived since 2022 *are employed*.

Biden pays the unemployed illegals *with your money*.



## Book Report

Pope Francis has been a vocal advocate for addressing climate change, emphasizing the urgent need for action to mitigate its effects. He has repeatedly emphasized that climate change is a real and pressing issue, caused primarily by human activity. In his encyclical, *Laudato Si*, he stated that “*never have we so hurt and mistreated our common home as we have in the last two hundred years.*”

OK...this week's book report is for the pope...it’s the bible where he will find this:

***Genesis 8:22 While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease.***



Maybe the pope should get some help from a few other climate change “experts”? Greta isn’t available because she was arrested last month.

*curmudgeon  
quotes*



**Don't tell me to be myself  
and say something nice.  
I can't do both.**

**My hearing aids can hear  
the noise I make  
when I stand up.**

**Have we reached the point  
where we're surrounded  
by smitherreens?**

**Latest news makes me suspect  
I should have forwarded that  
chain letter decades ago.**

**Non-alcoholic beer  
will teach you  
what the best ingredient is.**

**Why do smoke alarms  
wait until 2am to tell you  
they need new batteries.**

**Exercise.  
Extra Fries.**

**Please enunciate gooder.**

**I'm starting to realize my  
sleeping schedule is designed  
for the other side of the world.**

**Insomnia is a clever way to  
stop tomorrow from starting.**

**I don't fall asleep. I overthink  
myself into a coma.**

**Worrying works. Over 90% of  
the things you worry about  
will never happen.**

**Everyone is normal  
until you get to know them.  
(you're welcome.)**

**Congress critters would be in  
great shape if they ran as  
much as their mouths do.**

**Some people worry about  
their physical appearance and  
completely disregard  
their crappy personality.**

**AND, YOU THOUGHT SMOKING  
AT THE PUMP WAS RISKY**



The Bipartisan Infrastructure Law, signed by Biden in November 2021, allocated \$7.5 billion for EV charging, the Washington Post writes. Of this amount, \$5 billion went to states as "formula funding" for the National Electric Vehicle Infrastructure program to establish a network of fast chargers along major highways. Today, there are seven chargers with 38 parking spots.

**"Nobody said you wouldn't get  
COVID if you're vaccinated!"**

*Oh, really?*



Study published in *Cell & Bioscience* last November found that drinking approximately one to two cups of coffee daily is enough to inhibit COVID-19 infections caused by different strains of SARS-CoV-2. It found that the consumption of coffee addressed infections caused by the original SARS-CoV-2 strain and its subsequent variants – the B117 alpha strain, the B16172 delta strain and the B11529 omicron strain. **I'm straining to keep up with the number of strains WHO and the CDC "discovered" for COVID...and now they're adding a warning about a bird flu.**

## Tidbits

*(a small and particularly interesting item of gossip or information)*

According to Judicial Watch, 353 counties in 29 states had voter registration exceeding 100% in the 2020 election.

Greta Thunberg has been found guilty by a Swedish court of disobeying police orders during an environmental protest in March.

David Kennedy Homol, 55, was charged with assaulting two police officers on Jan. 6. He is the fifth Jan. 6 defendant suicide.

*Pelosi and Cheney happy?*

Marylin Mosby, convicted of two counts of perjury relating to the withdrawal of funds from the City of Baltimore. She faces up to 40 years in prison. The NAACP argued Mosby was unfairly convicted "after enduring the political persecution and malicious prosecution of the Trump Administration's DOJ."

President Donald Trump is leading Biden in Minnesota, latest survey from McLaughlin & Associates.

American citizen Tara Reade is seeking political asylum in Russia after being exiled from the United States because she credibly accused Joe Biden of sexual assault. Now she is being targeted by Biden's Justice Department.

*The world is upside down?*

**Until next week...**

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