

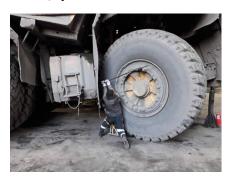
Recipe Corner Crockpot Lasagna

1 lb. ground beef
1 onion, chopped
1/8 tsp. garlic powder
2-15 oz. cans tomato sauce
1-6 oz. can tomato paste
1-1/2 tsp. salt
1 tsp. dried oregano
1-12 oz. carton cottage cheese
1/2 cup grated Parmesan cheese
12 oz. lasagna noodles, uncooked
12 oz. shredded mozzarella cheese

Brown ground beef and onion in skillet. Add garlic powder, tomato sauce, tomato paste, salt and oregano. Cook long enough to get it warm.

Spoon a layer of meat sauce onto the bottom of the crockpot. Add a double layer of uncooked lasagna noodles (break to fit) and top with cheeses. Repeat with sauce, noodles and cheeses until all are used up. Cook on low for 6-8 hours.

Chianti, of course!



Mounted the summer tires on the Miata. Only took 20 minutes. Either I'm getting better at it or I'll watch them roll ahead sometime on the freeway? May be able to get one more winter on the snow tires...

THE FRANK REPORT

4.6.2019 #168

All the news I see fit to print.
Freedom of the press belongs to those who own one.



Juicy Smellsalot avoided prosecution...wonder how that happened...



...never mind!

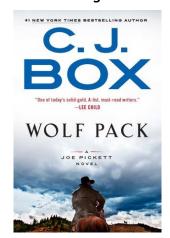
They say a picture is worth a thousand words...here's another that explains a lot!



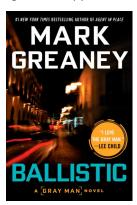
With that kind of pressure behind him, no wonder Schiff always looks stressed to the max...or George?

Bon Mots

I don't mean to brag, but I can forget what I'm doing...while I'm doing it.



He gets better with every book... Joe Pickett is one of the best heroes invented. Bought hard copy to share.



James Bond on steroids.

This is the third in the series and each has gotten better. Greaney does know how to use action language with a tight plot.



Can you identify the owner of this pickup?

Answer next week...

-more-



I see where the Democrats running for president are kneeling at the altar of the "Reverend" Sharpton. Do a search on the red subjects and tell me why this guy has any credibility. Democrats are screaming for Trump's tax returns. At least he paid them. Has the IRS ever collected the taxes Sharpton owes?



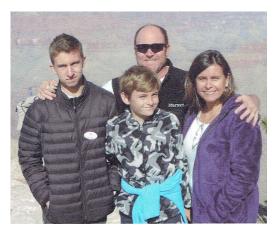
Finished the DVD cabinet project now hanging on the wall next to the rest of the media center I built. Amazon had a two shelf version for \$155.00 but I built this with just \$70 of prime lumber and it will hold 150 DVD's. Used a French cleat which will hold up to 200 pounds. Neat gadget when you want

to hang stuff on the wall.

I have no idea how I learned to do this stuff. It started with the wood working shop in the Navy after hauling mahogany plywood from a sawmill in the Philippine jungle to build the speaker cabinets...a story too lengthy to repeat here. Bought the speakers in Japan...Wharfdale 120's made in England and apparently now quite sought after by professional sound studios. Couldn't believe the prices on eBay.



That's Chris standing by the speaker cabinets...1965.



Tip for the three guys in this picture: don't forget that lady's birthday on the 9th!

Happy Birthday Martha! marthagilabert@hotmail.com

Thoughts While Thinking...

If Schiff has proof of collusion, will Mueller get him arrested for not sharing?

You have to be over 16 to see the anti-abortion movie **Unplanned** but can get an abortion at age 16 without permission?

Do the 20 (and counting) Democrats running for president really think they can win or are they after the donations to their campaigns and the camera time?

Why do the best examples of hypocrisy involve Democrats?

The Lame Stream Media keeps telling me everything I eat is dangerous to my health.

What about wedding cake?

Why do people lie about their age at 40 but brag about it at 80?

If a **fine** is a tax for doing wrong...
...is a **tax** a fine for doing well?

Department of the Thosoury Internal Revenue Service	1040EZ-ALL Tax Form
1. How r	nuch money did you make?
2. Send	it to us.

GPA/DAD/UNCLE/ETC

fns@franksiegler.com