



Recipe Corner

First...you cannot grow toilet paper and no, I don't know how long toilet paper will last if you freeze it.

Marinara Sauce

Two cans of diced tomatoes
One can tomato paste
Two TBS minced garlic
TBS Basil flakes
Three TBS Olive oil
TBS sugar

Use about three TBSP olive oil and add about twoTBSP minced garlic...key is to sauté the garlic so it becomes sweet but be careful not to burn the olive oil (it has low burn temp). Puree the tomato and paste; then into the pan. Sprinkle basil and sugar and stir. Simmer on very low heat; covered pan. Dash of red wine works well too. I freeze this sauce in two cup containers...you can even use zip lock bags. Great for a quick meal using cooked Italian sausage or hamburger mixed with the sauce and then over any pasta.

Tip on pasta: ignore recipes that tell you to use olive oil during or after cooking the pasta. If you do that, the sauce won't stick to the pasta. Any Italian grandma would smack you for doing that! This is also an excellent sauce for pizza and calzones; Just ask Gracie!

THE FRANK REPORT

4.4.2020 #220

All the news I see fit to print.

Freedom of the press belongs to those who own one.



News That Makes You Go hmmmmmmmm

Kennedy Center pays lobbyist to get Pelosi to add \$25,000,000.00 to the aid bill for them and then they fire 96 Symphony musicians and 60% of their staff.

Four months ago, Pelosi was handing out souvenir impeachment pens while the President was forming the Virus Task Force. Nevada Governor Sisolak's Chief Medical Officer Who Banned Hydroxychloroquine for

Treating Coronavirus DOES NOT Have License to Practice Medicine. De Blasio's Health Commissioner

Made New York Coronavirus Epicenter When She Urged People To Attend The Chinatown Parade And Gather in Public . [2/24/20] Pelosi visited Chinatown in San Francisco, after reports that shops had seen a decrease in business because of coronavirus fears. The speaker assured everyone that 'everything is fine'.

Bill de Blasio, told New Yorkers to go about their business and not let some little disease get in their way. Child killers are being released in Calif. to prevent them from getting coronavirus in jail even as quarantine breakers are being threatened with arrest.

Freeze warning in hell as Geraldo Rivera compared President Donald Trump to General George Patton, as he lavished praise on his "epic" effort to eradicate the Chinese coronavirus. New Zealanders have become so

keen to report their neighbors for breaking coronavirus lockdown rules that police on Monday said a website dedicated to addressing the issue crashed soon after going live. Anne Frank urged to find a new hiding place. Louisiana virus stats spike: New Orleans Mayor says because Trump did not cancel Mardi Gras. Rachel Maddow said President Trump was lying when he said the U.S. Navy hospital ships would arrive in Los Angeles and New York City in the near future. Exactly a week later, the USNS Mercy arrived in the Port of Los Angeles and the USNS Comfort in NYC.

accost

[ə 'kɒst, ə 'kɑːst]

VERB

approach and address (someone) boldly or aggressively, e.g... "reporters accosted him".

Apparently, Jim has been spelling his name wrong.

Bon Mots

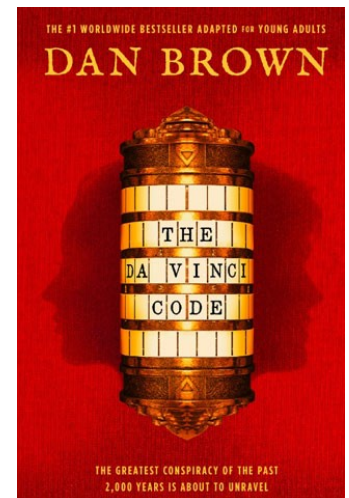
Beer flu impacts men and women more than all other genders combined.



Book Report

With the libraries closed (but the municipal liquor stores open?)

I am revisiting my DVD collection. Just finished the Swedish trilogy; then the US attempt to duplicate that success...failing miserably even with Daniel Craig.



Next up was Dan Brown's trilogy as movies; noting that his fourth (**Origin**) has not been butchered by the Hollywood crowd...yet.

-more-



NEWS FLASH!!!

CNN has announced the hiring of its own virus expert to counter what it has been calling fake news from the Trump administration.

The expert's first proclamation debunked the proven fact that ***an apple a day will keep the doctor away.***

I'm getting the feeling that something else is going on that hasn't been revealed. I'm looking at the statistics for this pandemic and cannot figure the (over?) reaction of the government. This is my eighth pandemic (*first one was polio when I was 12*) and the numbers just don't add up to match the fear. For example, (as of 4.2.2020) MN population: 5,611,179 with China flu 742 cases and 18 deaths. The seasonal flu has 762 cases and 58 deaths. During the 2009-2010 H1N1 virus, it wasn't called an emergency even though 61 million US infected with 275,000 hospitalized and 13,000 deaths. No shelter in place nor mandatory closings of schools and businesses. Even the lame stream media refrained from their current porn panic.

More number crunching:

The average number of deaths per year, **worldwide**, due to the seasonal flu virus, is around 470,000. The total number of Wuhan virus deaths as of 4.2.2020, as reported by the World Health Organization, 52,774. The number of flu deaths in the U.S. in the 2017-18 flu season, 61,000; and the number of Wuhan deaths so far in the U.S., as reported yesterday by the Centers for Disease Control, 5,808.

Going back in my memory of the polio pandemic, the unknown was the fear factor. Until Jonas Salk's vaccine, we had some of the self-isolation for controlling its spread. The modeling being used to track the China flu is the same kind of modeling being used for climate change...how's that for creating doubt.

The difference is how it's being explained by the daily briefings from the White House. Drs. Fauci and Brix have explained the modeling process and have provided a great layman's understanding of what is going on. Their main concern is the lack of data from China that has prevented a clear understanding of what's going on. However, by staying focused on just the United States, the briefings are fact driven with hot spots identified and handled. You'll also find positive news of drug therapy already working to cure and latest vaccine research that will prevent.

The Lame Stream Media has stopped broadcasting the White House briefings. Fox News has been carrying and you can find the hour+ long briefings on the internet. I urge you to watch for your own peace of mind. Do NOT rely on "journalists" to tell you what happened at those briefings. See for yourselves and make up your own mind. It will frustrate the hell out of the "journalists".

Smoking may reduce the likelihood of being hospitalized with coronavirus, claims a study: ***Smoking, Vaping and Hospitalization for COVID-19*** by research at the University of West Attica and New York University.



Why is that old guy ~~smoking~~ smirking ?

Sidebar: when I moved back to MN, I found a local tobacco store for my pipe tobacco...\$40 for a pound that lasted a month. Then the price shot up to \$96? Jan Malcom, MN Dept of Health Commissioner pushed through the tax. I went back to my custom blend in TN tobacco store over the internet....\$47 a pound including shipping right to my door. What's with these politicians and sin taxes? Should I send her a copy of that report?

BTW: Obamacare forced the manufacture of medical devices offshore with the medical device tax . It wasn't repealed until late 2019 by Trump. There hasn't been enough time for the industry to rejuvenate domestically. But it cleared the way for medical devices to once again be brought back to manufacture in the United States.

Scientists at the University of Pittsburgh School of Medicine believe that they've found a potential vaccine for the new coronavirus. Ironic since this is where the polio vaccine was developed by Dr. Salk.

Wrapped a twenty dollar bill around an extra bottle of hand sanitizer and told the mailperson to have lunch on me. Got a nice note back. Be careful doing this in other states or the authorities may show up.

I've been tracking down the info on the gov't programs for small business and passing it on to those I interact with. MN has a great one to supplement the SBA.

Welcome to several new readers. I haven't figured out how this newsletter is migrating to others but appreciate the kind words and hope you continue to have as much fun with it as I do. Genesis can be found at <http://thefrankreport.net/about-this-blog>

GPA/DAD/UNCLE/ETC
fns@franksiegler.com