



## Recipe Corner

### Bob's Refried Beans

Got this recipe from Bob Gibson and highly recommend. It freezes well. You'll never go back to the canned stuff after you use this in your Mexican recipes.

#### Ingredients

2 1/2 cups of dry pinto beans  
 3 quarts of water  
 1/2 cup chopped onion  
 2 Tbsp (or more) pork lard,  
     bacon fat, or olive oil  
 1/4 cup water  
 Salt to taste

Rinse the beans in water then into a pot and cover beans with at least 3 inches of water - about 3 quarts for 2 1/2 cups of dry beans. Bring to a boil and lower heat to simmer, covered, for about 2 1/2 hours. The beans are done when they are soft and the skin is just beginning to break open. I use a crockpot rather than a pot on the stove.

#### Next:

Strain the beans from the cooking water. Add the onions and lard/fat/oil to a wide, sturdy frying pan on medium high heat. Cook onions until translucent.

Add the strained beans and about a 1/4 cup of water to the pan. Mash the beans in the pan, while you are cooking them, until they are a rough purée. Add more water if necessary, to keep the fried beans from getting dried out. Add salt to taste. You can add some smokey flavor in the beans by adding a bit of chipotle powder, sauce, or chipotle Tabasco.

*Found some in my freezer two months old and I think they tasted better than when first made*

## THE FRANK REPORT

4.11.2020 #221

*All the news I see fit to print.  
 Freedom of the press belongs to those who own one.*



**OK...time to stop picking on lawyers.**

**Here's our next deserving target.**

*"Why can't a 'journalist' dial 911?"*

*"They can't find the eleven."*

*"What do you do if a journalist throws a grenade at you?" "Pick it up, pull the pin out, and throw it back."*

*"Difference between God and a journalist?"*

*"God doesn't think he's a journalist."*

*"What do you call 25 skydiving journalists?"*

*"Skeet."*

*"How do you get a one-armed journalist out of a tree?" "Wave to them."*

*"What's the difference between a smart journalist and Bigfoot?"*

*"Bigfoot has been spotted."*

*"The best four years of a journalist's life?"*

*Third grade."*

*"Why are there only two pallbearers at a 'journalist's funeral?"*

*"Garbage cans only have two handles."*

*"How do you make a journalist's eyes light up?" "Shine a flashlight in his ear."*

*"Three journalists walk into bar and say 'ouch' - then write stories about how the bar is racist and phobic."*

*"How does a journalist change a light bulb? He hangs on while world revolves around him."*

*"Three journalists walk into a building.*

*You'd think one of them would've seen it."*

*"What's 5 miles long and has an IQ of 30?"*

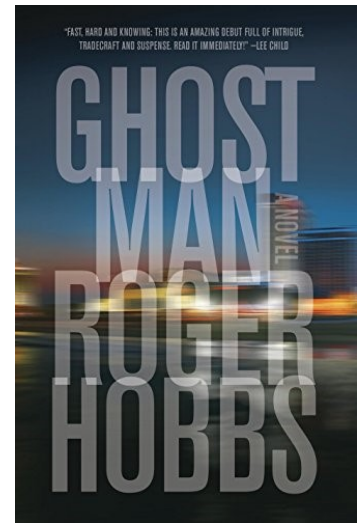
*"A JOURNALIST PARADE!"*

**The best journalist joke?**

**Jim Acosta!**

## Bon Mots

**Trump says "woman on the moon in 2024".  
 Astronaut Pelosi?**



## Book Report

With the library closed, I got to this debut novel again. It was even more awesome with plot twists I had missed first time around. Sadly, he only gave us one more novel. The plot frequently abhors heroine yet we lost him to an overdose. Amazing beginning while still in college, **Hobbs** won multiple awards from his peers with a movie deal at 21 and this book deal at age 23. I'm tracking down his first attempt at age 13 which was a sci-fi novel. I'm sure they will be searching for more from this prodigy who left us much too early.



I'm a fan of stand up comedians and **Ian Bagg** is the best I've found. Amazon Prime has a couple of his shows and you have to watch him to believe the spontaneous wit and audience interaction.

**-more-**



TrumpArea.com

## In Other News...

3M is shipping toilet paper to Afghanistan.  
(Some of you may miss this one...ask)

Mexican protesters demand border to US be closed.

Millions Of Women Outraged As Essential Oils Businesses Deemed Non-Essential.

Teachers Urge Government To Reopen Schools Before Students Learn To Think For Themselves.

Neighbor scraping "Honor Student of the Month" bumper sticker off her SUV. Home schooling continues...

Between March 20 and March 26, the U.S box office brought in just \$5,000, compared to \$200 million during the same week last year.

Earth Day was founded on April 22,1970 by Ira Einhorn who died in prison on April 3, 2020. Einhorn was convicted of murder after killing his girlfriend and composting her.

## From The Frank Report February 29,2020:

### Coronavirus with Lyme disease?

*This is a hyped, panic-filled version. It's exactly how the media deals with these things to create audience, readership, interest, clicks, what have you. The survival rate of this is 98%! You have to read very deeply to find that number, that 2% of the people get the coronavirus die. That's less than the flu, folks. That is a far lower death statistic than any form of influenza, which is an annual thing that everybody gets shots for. There's nothing unusual about the coronavirus. In fact, coronavirus is not something new.*

*There are all kinds of viruses that have that name.*

(Rush Limbaugh 2.24.2020)

## WORLDWIDE DEATHS JANUARY 1 - APRIL 1, 2020

COVID-19 - 46,438  
SEASONAL FLU - 121,993  
MALARIA - 246,121  
SUICIDE - 269,076  
TRAFFIC FATALITIES - 338,715  
HIV/AIDS - 421,808  
ALCOHOL - 627,571  
SMOKING - 1,254,352  
CANCER - 2,060,730  
HUNGER - 2,806,314  
ABORTION - 10,665,130

**lifeline**  
children's services

WWW.WORLDMETERS.INFO  
#IMAGEBEARERS



**If FDR had to deal with a press corp like President Trump's.**

**Prediction:** Director of the National Institute of Allergy and Infectious Diseases, Anthony Fauci, is responsible for the "advice" that shut down the nation. Trump will use the disastrous results from the "modeling" to overhaul the entire system. He will quickly segue to focus on rebuilding the economy built on the multi-trillion dollar relief package. The Lame Stream Media will try to reflect blame from the NIH and CDC to Trump unsuccessfully because of the center stage he provided to those agencies to shoot themselves in the foot.

Meanwhile, if any snowflake gives you crap about not wearing a mask, ask them if they know Anne Frank's address.

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