



Recipe Corner
Shrimp & Wild Rice Casserole

Ingredients

- 8-ounce wild rice
- 1 pound cooked shrimp
- 2 tablespoons butter
- 1/2 onion, chopped
- cream of mushroom soup
- 2 cups grated sharp Cheddar
- salt and pepper

Instructions

Preheat oven to 325 degrees F. Cook the rice, drain and cool. Heat butter in saucepan and sauté the onion until soft, about five minutes. In a large bowl, combine the rice, soup, 1 1/2 cups of cheese, shrimp and onion. Add salt and pepper, to taste and mix well. Spray a 11 x 7 -inch glass casserole dish with non-stick spray. Spread the mixture in the dish and top with remaining 1/2 cup cheese. Bake for about 30 minutes.



Candace Claiborne, Hillary's State Dept spokesperson, pled guilty to treason as a Chinese spy Feb 22, 2020.

Lame Stream Media?

THE FRANK REPORT

3.7.2020 #216

*All the news I see fit to print.
Freedom of the press belongs to those who own one.*

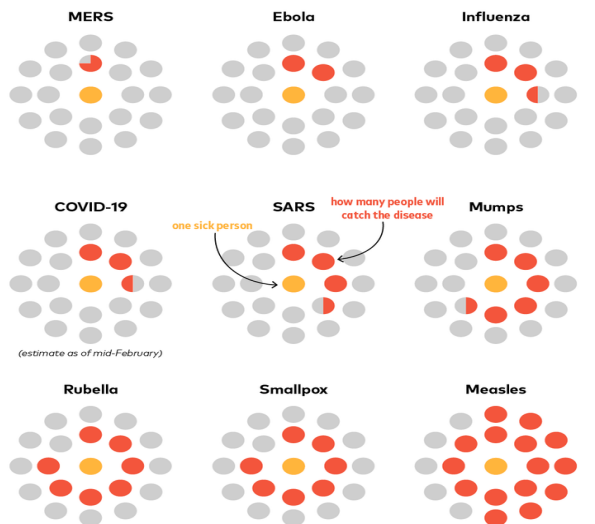


Politicians and lame stream media are hyping the new beer plaque...coronavirus. Waiting for the report on Lyme disease. Centers for Disease Control (CDC), in a February 22, 2020 report, estimates that so far this season there have been at least 32 million flu illnesses, 310,000 hospitalizations and 18,000 deaths from flu.

"The percentage of death attributed to pneumonia and influenza is 6.9 percent, below the epidemic threshold of 7.3 percent," the CDC reported.

The first single death from that beer virus caused all media to spend hours speculating just how incompetent bad orange man is for not preventing it. Because of the media hype, people are avoiding Corona beer...sales are down. Those same people vote!

Statistics prove you are more likely to die from an association with Hillary Clinton than with the beer virus.



Why the anti-vaxxers have been quiet?

Bon Mots

*When you're dead
you don't know it.
It pains other people.
Same if you're stupid.*



Book Report

Debut novel by Holgate. Was free with Amazon prime on my eBook. I will be buying his next one. It's a weird detective/serial killer duel with funny twist at end. Highly recommend.

The Lonely Silver Rain
Note for Kate...now I know why you told me to read this MacDonald book last. It was published a year before his death. Hope Patterson stays away from sequels.

Finished the 21 Travis McGee books just in time for the new C.J. Box Long Range and Jack Reacher Blue Moon by Lee Child. Bought the Box book and found the other at local library. Been trying to get through Catcher In The Rye but cannot figure out why school teachers keep assigning it. Hate that kid!

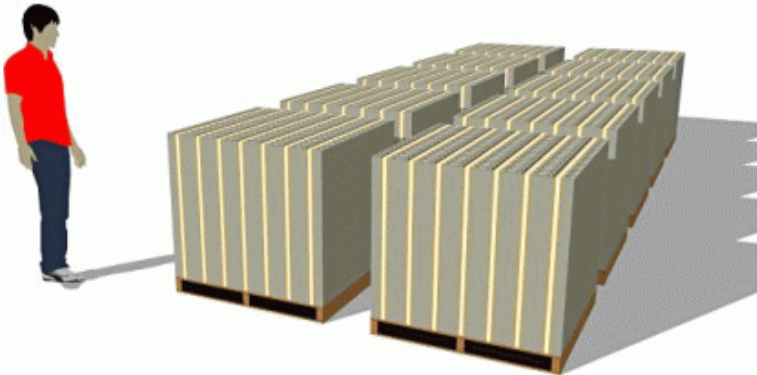
-more-



10,000 \$

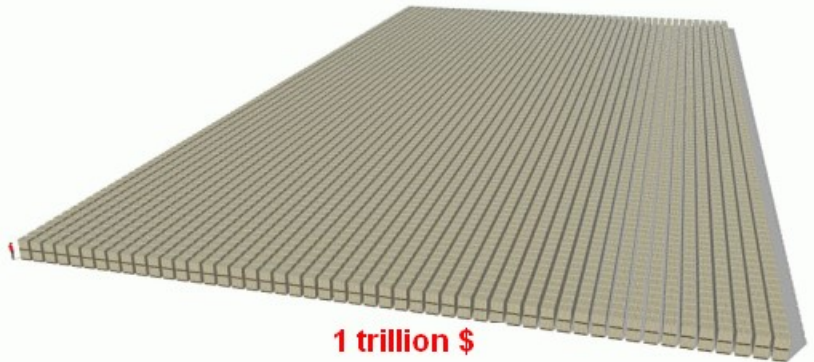


1 million \$



1 billion \$

Bloomberg used his own money. The other candidates used other people's money...in keeping with all politicians who use taxpayer money measured in the trillions of dollars. Here's what just one of the 23 trillion dollars looks like: If you look close...that's the same guy standing next to just one of those trillions of dollars.



1 trillion \$

Twenty-one different Democrat candidates for president spent over \$1.14 billion so far:

- Michael Bloomberg: \$600 million
- Billionaire Tom Steyer: \$252 million
- Former Mayor Pete Buttigieg: \$75 million
- Sen. Kamala Harris (D-CA) \$38.64 million
- Andrew Yang over \$34 million
- Sen. Amy Klobuchar (D-MN) \$30 million.
- Sen. Cory Booker (D-NJ): \$22.9 million
- Beto O'Rourke (D-TX): \$17.14 million
- Sen. Kirsten Gillibrand (D-NY): \$14 million
- Former Rep. John Delaney (D-MD): \$13 million
- Former HUD Secretary Julian Castro \$9 million
- Author Marianne Williamson \$7.7 million
- Sen. Michael Bennett (D-CO) \$6.8 million
- Gov. Jay Inslee (D-WA) \$6.15 million
- Gov. Steve Bullock (D-MT) \$5 million
- John Hickenlooper (D-CO) \$3.3 million
- Rep. Eric Swalwell (D-CA) \$2.55 million
- Rep. Seth Moulton (D-MA) \$2.16 million
- Former Gov. Deval Patrick (D-MA): 1.79 million
- Rep. Tim Ryan (D-OH) \$1.1 million
- New York City Mayor Bill DeBlasio: \$1.38 million



Maxine Waters is the ranking member on the House Financial Services Committee after steering \$12 million in federal bailout funds to a failing Massachusetts bank (*that subsequently got shut down by the government*) in which she and her board member husband held shares. AOC is also a member of that committee although her credit score is 430.

Who is voting for these people????

GPA/DAD/UNCLE/ETC
fns@franksiegler.com

Bloomberg's ego prompted him to spend almost **one billion dollars** on his "campaign". Here's what that looks like. The question neither asked nor answered: what does a failed candidate do with any money left over from a failed campaign?

As of March 04, 2020, the most recent campaign finance reports filed by candidates running in the 2020 presidential election are the February 2020 reports, which cover all funds raised and spent through January 31, 2020. The 11 noteworthy candidates had raised \$1,397,603,140.42 as of that date. The rules say they can't keep the money personally BUT they can contribute to other candidates.

I'm guessing that's why the Democrats had a bus load of candidates?

Of course, the Lame Stream Media is the largest recipient of all that money while giving free positive coverage to the DNC selected candidate.