



Recipe Corner

Pita Bread

Here's the recipe that is my current favorite bread.

Ingredients:

- 1 tablespoon yeast
- 1 ¼ cup warm water
- 1 teaspoon salt
- 3- 3 ½ cups flour

Directions:

Dissolve yeast in water for about 5 minutes in the bowl of an electric mixer. Add salt and 1 ½ cups flour and with the dough hook, beat to make a batter. Add additional flour until a rough, shaggy mass is formed.

Knead 8 minutes until dough is smooth and elastic. Add more flour if it is too sticky. Turn dough onto a lightly floured surface and divide into six pieces for large pitas or ten for small. Make all sorts of sizes to suit different snacks and meals. Form dough into balls, then flatten with a rolling pin into ¼ inch thick discs. Let rest on the floured surface 30-40 minutes until slightly puffed.

Preheat oven to 425F. With a large spatula, flip the rounds of dough upside down on to a baking sheet. Bake 10-15 minutes until light golden. Stick around for the first five minutes of baking when the pitas perform their magic and puff up from flat pancakes to proud, four inch high pitas.

These freeze well then 30 seconds in microwave.

The Frank Report



www.franksiegler.com

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All the news I see fit to print.

Freedom of the press belongs to those who own one.



Dumbocrats are really digging deep in their bag of bullshit when they use a traffic judge to claim she can remove Trump from the Illinois ballot. At left: Judge Tracie Porter...a former traffic court judge! Didn't work. Next...

..Alvin Bragg who has had his ass handed to him in several cases he brought against Trump...charging him with 34 felonies (so far).

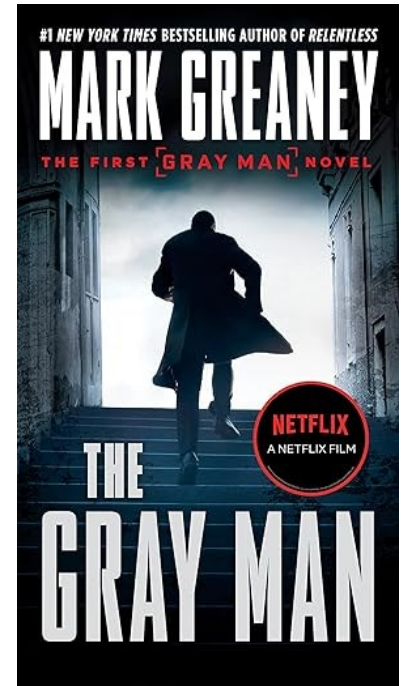


Then there's Fani Willis, who indicted Trump on 13 felony counts relating to the 2020 election. Willis alleged a huge RICO conspiracy to overturn the 2020 election that included 19 defendants.

Letitia James, after considering criminal charges, decided to file a lawsuit intended to destroy Trump's business empire. She received a boost when Judge Arthur Engoron, a Democrat, ruled that Trump was guilty even before the trial began.



When Clarence Thomas stops laughing, these idiots will learn how the law actually works and the Supreme Court strongly suggests that they should learn how to code.



Book Report

This is the debut novel of 13 so far featuring a badass good guy fighting the world's villains. If you're looking for escape fiction that will entertain while providing some thoughts to think about...this is your author. His latest (*Chaos Agent*) dives deep into the subject of artificial intelligence and will scare hell out of you with its realism.



H/T to Steve B for this one.

Subscribers are also sending Curmudgeon Quotes...over 1,000 in the file. Ralph S says I should publish a book with them. Or maybe add a new link on the website?



If you repeat a lie often enough, it becomes today's journalism.

Why call it common sense when it's not common?

Cell phones these days keep getting thinner and smarter, people just the opposite.

***I believe in you.
I also believe in bigfoot
so don't get too excited.***

Freedom of speech has become the spotlight shining on idiots.

Learn from the mistakes of people who have taken your advice.

Hug the people you don't like so you know how big to dig the hole in the backyard.

When idiots try to give me advice, wine helps me listen.

***Stop thinking you're stupid.
You may be
but stop thinking about it.***

***Be careful when you follow the masses.
Sometimes the 'M' is silent.***

***If I'm quiet and smiling,
look around for a fast exit.***

***Put a potato in microwave.
Pressed pizza.
Still came out a potato.***

Illegal aliens are better off now than they were four years ago.

Thank you for putting up with Frank. Your sacrifice has not gone unnoticed.



This is a sampling of recent news stories that should scare the hell out of the next generation:

Nancy Pelosi and the FBI were responsible for J6 "Secret" Leftist FBI Program involved with January 6 to Infiltrate and Radicalize Protesters. FBI And Other Agencies Paid Informants \$548 Million In Recent Years With Many Committing "Authorized" Crimes.

The Biden administration is spending more than \$1 billion to make America's borders more climate-friendly instead of building walls as a Federal judge ordered.

According to Zillow, four years ago, the average home required an income of \$59,000 to be affordable. After four years of Bidenomics, Covid inflation, and open borders, an income of \$106,000 can afford the average home.

Nursing Homes Are Forcing Tax Payer Funded Antipsychotics To Patients. "Drug manufacturers give lucrative kickbacks to nursing homes that prescribed it to sedate residents" If patients refused the medication, they hide the drug in their drinks.

Seventeen days after the first covid death worldwide was reported on January 11, 2020 and before the first "covid death" outside China, the World Health Organization ("WHO") published a document that showed 33 covid "vaccines" were already under development.

Minn. Dems Push \$500 Monthly Universal Basic Income for Illegals and \$100 million would be sucked out of the General Fund in fiscal year 2025. House File 2666 was sponsored by Democratic state Rep. Athena Hollins.

NYC Received \$106 Million in Federal Tax (your) Dollars to Cover Migrant Costs

Two lives saved for roughly 100,000 injections of the Pfizer vaccine. However, there is a risk of 27 deaths per 100,000 doses of Pfizer shot, researchers calculated. So for every life saved by the jab, almost 14 lives would be lost due to the mRNA vaccine.

Biden sent \$10 billion worth of our weapons to Ukraine and does not have the money to replace.

Tidbits

(a small and particularly interesting item of gossip or information)

The federal government has used \$300,000.00 taxpayer dollars to teach LGBTQ refugees, in Latin America, how to use computers.

A California activist group is using \$2 million of taxpayer money to reward teens for learning how to fight for "racial justice".

Biden flew more than 300,000 illegal immigrants into various parts of the country and you paid for it.

Did he use Air Force Juan?

Liz Cheney and her January 6 committee suppressed evidence that Donald Trump pushed for 10,000 National Guard troops to protect the nation's Capitol on January 6. Cheney lied when she said there was no evidence to support Trump's claims that he asked for the troops.

Democrats voted unanimously to defeat an amendment that would have stopped census counting illegals for congressional seats.

US Military Academy reports that "Duty, Honor, Country" will be removed from the official Mission Statement, replaced by a commitment "...to the Army Values." Interestingly, "...service to the Nation as an officer..." now changed to "...lifetime of service to the Army. and Nation."

Until next week...

***email: fns@franksiegler.com
blog: www.franksiegler.com***

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