

Recipe Corner

Lemon Rice

I keep forgetting about citrus as an important element of recipes. This rice recipe can also be the start of another recipe where you add sliced beef and vegetables.

But for now, here 'tis:

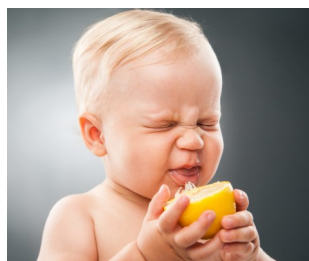
Ingredients

- 1/3 c. butter
- 1 c. celery, sliced
- 1 sm. onion, chopped
- 1 - 2 c. fresh mushrooms, sliced (optional)
- 1/4 tsp. thyme
- 1 1/2 tsp. salt
- 1/8 tsp. pepper
- 2 tsp. grated lemon peel
- 1/4 c. lemon juice
- 1 1/3 c. water
- 1 3/4 c. precooked rice

Directions

Heat butter in frying pan. Add celery, onion, and mushrooms. Sauté for five minutes. Add thyme, salt, pepper, lemon peel, lemon juice and water. Bring to a boil. Add rice and cover. Remove from heat and let stand five minutes. Toss and serve.

Leftovers freeze well and can be used as the start of any recipe your imagination can create.



The Frank Report



President's Day at the White House

3.2.2024 #424

All the news I see fit to print.

Freedom of the press belongs to those who own one.

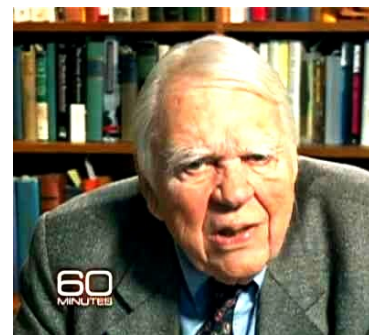
The next president of the United States has a Herculean task. Not only must he (*yeah, him*) restore the economy, reduce the national debt, export 8.5 million illegals, clean up homeless encampments and provide affordable housing, destroy the deep state by firing most hostile and dangerous bureaucrats, cure chronic disease by reforming the FDA and CDC, claw back American land from foreign people and corporations for small farms and farmers, make our power grid resilient and our homes self sustaining in a disaster, restore and reinforce our constitutional rights especially freedom of speech, religion, bodily integrity, movement and the pursuit of happiness, he must some how inspire a revival of righteousness. As John Adams said, *"Our Constitution was made for a moral and religious people, it is wholly inadequate to the governance of any other."*

"Well over 5,000 cops were attacked and injured last year – that's not only a record, it's a full-blown epidemic," Police Benevolent Association President Patrick Hendry reported. Mayor Eric Adams has decided to cut the police force by 6000 officers. This is being done to shift the budget to house and feed anonymous, unvetted illegal aliens in this sanctuary city.

Democratic states and cities have spent tens of millions of dollars allocated to them as COVID-19 relief on illegal immigrants. A review of state and local programs shows Democrat governors and mayors have spent \$517 million on initiatives for "undocumented residents" from the **American Rescue Plan Act—the \$1.9 trillion COVID-19 stimulus passed by the Democrat-controlled Congress in 2021.**

A record 302,034 illegal aliens were encountered at the US-Mexico border in December. A boat full of undocumented migrants landed on a beach in San Diego before running into the wealthy La Jolla neighborhood. The city had 43,000 illegals arrive in just the past three months.

Illegal immigration is top concern of registered voters. *Duh?*



Book Report

Andy Rooney (1919-2011) was best known as the curmudgeon at the tail end of the CBS **60 Minutes** TV program. For me, he was the reason I also read non-fiction. Dozens of books he wrote and others he recommended are in (*on?*) my bookshelves. Yes, Andy would have added that. I've been able to track down several of his books using thriftbooks.com and frequently find some very interesting bookmarks in the books. As Andy would have done, I tracked down a few:

The receipt for the \$15 fee for a ride on the Frye Island ferry led me to a town about 20 miles NW of Portland, Maine. It's worth the search for the minutes of the Frye Town Council. Andy could have done a great episode from it.

I also found several business cards and have contacted the owners. No replies yet. I hope (*as would Andy*) that they still have a job.

Andy said: *"When it comes to educating all of us about the most basic things in life, it seems to me we need more kindergartens and fewer graduate schools"*.

Would have loved his reaction and comments about Harvard's current problems.

I recommend his best book: **My War**

It gave me a new perspective on my war.

