



Recipe Corner Beef Stroganoff

Busy in my kitchen. Stroganoff from scratch with home made noodles from my paste machine. Even used some of my home made beef broth. Two for the freezer sans the noodles. Really recommend buying one of these pasta machines. Quick once you get used to how it works and far superior to the cardboard they sell in grocery stores. Also another batch of **pita rolls** (beginning to be my favorite bread).



I also use the pita bread recipe for Runzas stuffed with onion, hamburger, potato, cabbage and sharp cheddar cheese. First heard about these in Nebraska when I was a lot younger. I think I've come close to their recipe...at least it tastes like it. These freeze well after baking.

The Frank Report



If you've wondered who's in charge...

3.16.2024 #426

All the news I see fit to print.

Freedom of the press belongs to those who own one.

The typeface above is called "dreaming out loud".

(My friend Mark will be so proud of me for selecting it.)

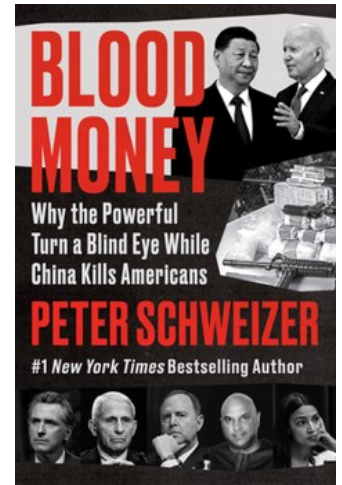
Joe and John appear to be sound asleep while Obama implants John Podesta and Susan Rice are paying close attention.

No doubt this may be a National Security briefing so Podesta and Rice can report back to Obama on how well his now decade long "transformation of America" is proceeding?



The RNC is currently undergoing a significant overhaul of its staff. Five members of the senior staff and 60 RNC staffers who work across the political, communications and data departments will be let go. Some vendor contracts are also going to be cut.

Looks like the next generation will be taking charge as Trump's operation is moving to take over. Michael Whatley, the Chairman of the North Carolina Republican Party, was elected as chair of the RNC. Lara Trump was elected co-chair of the RNC. She had this to say in an interview: "To anyone out there who's thinking about cheating in an election, we will go after you, You will be prosecuted to the full extent of the law." Sounds like they're ready to kick ass and take names. No wonder the RINO's and other deadwood in the party are doing everything they can to prevent Trump's election. There's no union to save those fired. But that's going to be a problem for Trump when he starts cleaning out the deadwood in Washington. Should be easy to get rid of lots of the idiots and let them start lawsuits...which will be shot down by Trump's DoJ. What goes around comes around. The Dumbocrats taught Trump how to use lawfare...so it's going to be their turn to face it. Truth Social website is also going to be a great weapon.



Book Report

Finished it and now see headlines all over sprouting from it. You'll find the reason Mitch McConnell retired as just one of the politicians now running for cover. Facts galore which is the reason the liberals have not been able to keep this one from hitting #1 on NY Times best seller list which must have had them gnashing their teeth.

Tidbits

(a small and particularly interesting item of gossip or information)

I have so many this week that I'm going to encroach on this column...

A bill that would make Minnesota the 11th state in the nation to legalize physician-assisted suicide cleared its second committee in the state House. *Dems gonna volunteer?*

Biden Regime will "Now Allow Students to Get Paid to Register People" to Vote.

Dunkin' Donuts being sued for \$5 million by lactose intolerant customers who say charging extra for non-dairy milk is discriminatory.



If women ruled the world there would be no war. Just a lot of countries not talking to each other.

We all have problems but some of us don't post them on farcebook.

Farcebook isn't so bad after you block friends and family.

My neighbors are now complaining on farcebook about the creepy guy next door.

CDC changed its guidelines to match everything we said four years ago.

Anybody miss those circles on the floor six feet apart?

Think you're busy? I'll bet I've quit more things than you're started.

In other words, why do when you can don't?

My yoga pose today is Downward Spiral.

I'm all here because I'm not all there?

They say keep saying 'don't try this at home'. Can I come to your house to try it?

Every day is a gift. That's why they call it the present.

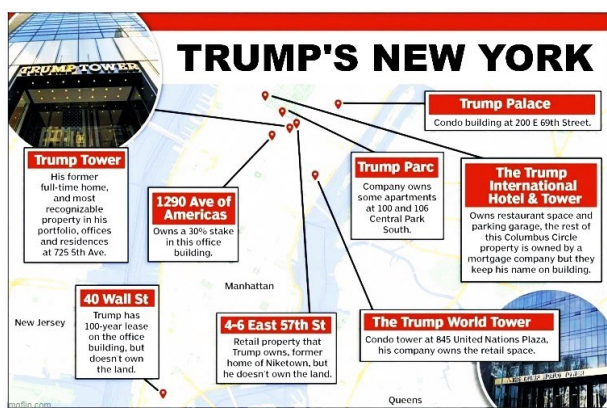
And for St. Paddy's day

Irish handcuffs: a drink in each hand.

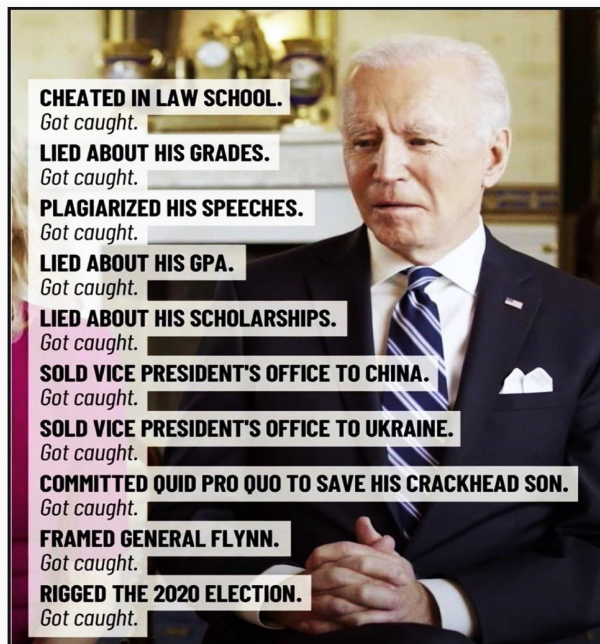
Mashed potatoes: Irish guacamole.



SEC has allowed Donald Trump's media and technology company to merge with a blank-check acquisition company in a deal that currently values his social media app Truth Social at as much as \$10 billion.



Meanwhile, his New York properties are thriving. The Democrats are using lawfare to try to bankrupt him. He has a live long habit of making money...apparently faster than they can try grabbing it.



Trump's Democratic opponent. It's not a choice. It's a freakin' voter intelligence test!

Tidbits (con't)

(a small and particularly interesting item of gossip or information)

Bud Light beer lost around \$1.4 billion in 2023 due to boycott of their transgender advertisement.

CDC finally admits it: COVID can be treated just like the flu. *Duh!*

Manhattan DA Alvin Bragg (D), linked to Soros, has exonerated an illegal alien who flipped his middle fingers after being charged with attacking New York Police.

Maine offers "economic migrants" two years of free rent but not the homeless and veterans.

The CA \$500 million dam removal project on the Klamath River to restore the river's salmon run killed 800,000 young salmon. *Oopsie!*

Lame Stream Media and public health officials still promote mRNA COVID vaccines made by Pfizer and Moderna while Fauci admits COVID mRNA vaccines Do Not Work.

AG Garland wants to end voter ID while Biden floods America with illegal aliens.

SCOTUS 9-0 in favor of Trump so Democrats attack Clarence Thomas, one of the black justices. They also want to "dissolve" SCOTUS.

The National Institutes of Health: \$214,000 for "transgender voice training" for when their voice doesn't match their gender identity.

Until next week...

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