



Recipe Corner

Crockpot Lasagna

- 1 lb. ground beef
- 1 onion, chopped
- 1/8 tsp. garlic powder
- 2-15 oz. cans tomato sauce
- 1-6 oz. can tomato paste
- 1-1/2 tsp. salt
- 1 tsp. dried oregano
- 1-12 oz. carton cottage cheese
- 1/2 cup grated Parmesan cheese
- 12 oz. lasagna noodles, uncooked
- 12 oz. shredded mozzarella cheese

Brown ground beef and onion in skillet. Mix all the cheese together. Add garlic powder, tomato sauce, tomato paste, salt and oregano. Cook long enough to get it warm. Spoon a layer of meat sauce onto the bottom of the crockpot. Add a double layer of uncooked lasagna noodles (break to fit) and top with cheeses. Repeat with sauce, noodles and cheeses until all are used up. Cover and cook on low for 6-8 hours. Good with chianti.



**Pelosi loves them new Democrat voters.
Your caption?**

THE FRANK REPORT

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*All the news I see fit to print.
Freedom of the press belongs to those who own one.*

THIS MAN WAS ARRESTED



FOR FINDING OUT THIS WOMAN BROKE THE LAW

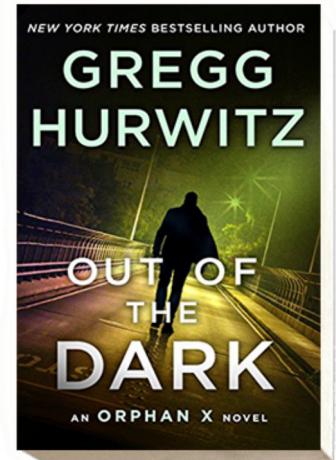
I just get the feeling that Trump is slowly but surely feeding out enough line to snag a lot of fish. The more he ignores the outrageous actions by the "justice" department, the bolder and dumber they get.



Something is brewing behind the scenes. With CNN in the mix, I'm betting it's a trap set for some of the top Justice Department #NeverTrumpers letting their rage get the better of common sense. Watch for lawsuits and malfeasance charges.

Bon Mots

**Most people don't act stupid.
It's the real thing.**



Three distinct plots running the hero ragged. The *Orphan X series* is off and running with the fourth in the series. Don't miss these. Greg Hurwitz is great!



Bingeable TV! on Amazon Prime...vaguely remember seeing this yet got hooked much to the annoyance of The Boys who need their sleep. Three way plot tied together in a vicious murder mystery. Just when I figured out what I remembered as the solution, memory failed and I kept watching.

-more-



In The News

Democratic Rep. Ilhan Omar wants Democratic Minnesota AG Keith Ellison to investigate USA Powerlifting because it won't allow biological males to compete as women.

Pelosi Says Trump's Call for Ban on Late-Term Abortions is a "Sad Thing".

At least three people have withdrawn from consideration to lead Sen. Amy Klobuchar's nascent 2020 presidential campaign — and done so in part because of the Minnesota Democrat's history of mistreating her staff.

Multiple sources alleged on Wednesday that former New York Times executive editor Jill Abramson violated journalistic ethics by plagiarizing their work in parts of her new book.

Thanks to a bill signed into law last week in New York, biological men who identify as women now have full access to women's bathrooms, locker rooms and, yes, battered-women's shelters.

California is spending 3 billion dollars to put electric cars on the road.

The House Democrats' first offer to President Trump in negotiations to fund his proposed United States-Mexico border wall includes a provision that would end all immigration enforcement for migrants.

Man shot in the face by MS-13 gang member following scuffle on the Queens NY (*Ocasio-Cortez district*) subway platform.

New "Scientific Study" Claims the Killing of Indigenous People By White Europeans Caused the Little Ice Age.

San Francisco Doesn't Know Why It Has More Drug Addicts Than High School Students.

Dems Complain The President Isn't Working Hard Enough.

**PLEASE PARDON MY ERRATIC DRIVING
I'M LOADING MY GUN**

Guns and Civility

Back in the 1970's, the CB radio brought civility to our highways. Rather than repeat how...check my blog article on this : <http://thefrankreport.net/kxd5196-and-civility>

Highways are dangerous places specially with road rage idiots thinking they own them. There I was driving slightly over the 70mph limit in the middle lane of I35. This gives me the opportunity to dodge left or right in case of a problem in front of me. Behind me is a huge pickup truck a foot from my rear bumper with his rage perhaps triggered by my choice of the small Miata I've been driving for 26 years.

The truck swerved into the right lane and came even with me with his window down and his jaw chattering probably questioning the validity of my parent's marriage.

I smiled at him and carefully lifted my Kimber semi-automatic with two fingers where he could see it. He hit his brakes and disappeared off the nearest exit ramp. Probably looking for the nearest Wal-Mart for fresh underwear.

With a smile on my face, I remembered how a friend handled a similar situation back in the days of the CB radio. He got the license number of the pickup on his tail and switched to channel 9 (*monitored by state patrol*). He reported a possible drunk driver waving a gun out his window and gave the plate and description. In less than five minutes, he heard sirens.

Both scenarios leave questions about the mental stability of anyone who would try bumper tag at 70mph. The kid from Covington High School offers the best response: call it a smile, smirk or grin...it's better than trying to match the rage.

Now for you nit pickers (*and I urge you to look up the word nit; it should make you cringe*), there are new laws about distracted driving. In Minnesota, there would be politicians pushing for more laws that would make it illegal for me to use those two fingers or my cell phone. Lord knows what they would do to my friend using his CB radio. Laws about driving are reasonable since it is a privilege...unless you build and own your own roads. Guns are a right that some states consider a privilege thus the gun laws literally by the thousands.

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