



## Recipe Corner

### Chicken Soup for Two

#### Ingredients:

Vidalia (sweet) onion chopped  
 2 tbs minced garlic  
 large cubed (raw) breast  
 cup of frozen mixed vegetables  
 cup chopped celery  
 2 cups chicken broth  
 cup of V-8 juice  
 Tsp sweet basil flakes  
 Salt and pepper

#### Directions:

Layer as noted above in small crock pot. Turn on to high for about four hours, then stir it and turn to low after it gets bubbling. Should take about six hours total. If the meat falls apart with a fork, it's done.

### Bonus Recipe

**My morning smoothie...**Combine 1 3/4 cups silver tequila, 1 cup fresh lime juice, 3/4 cup light agave syrup and 1/3 cup water in a pitcher; stir. Serve over ice in salt-rimmed glass; garnish with lime wedges...*oh wait.*

*That's a Margarita...never mind!*

Alcohol is not the answer, it just makes you forget the question.



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## THE FRANK REPORT

11.30.2019 #202

All the news I see fit to print.  
 Freedom of the press belongs to those who own one.



Not my grandkids. I've taught them to give the "teachers" what they want and get the good grades. But continue to think for yourself.



TRUMP: "The Pardoned Turkeys Bread and Butter have already received subpoenas to appear in Adam Schiff's basement on Thursday. I expect this pardon will be a very popular one with the media. After all, Turkeys are closely related to vultures."

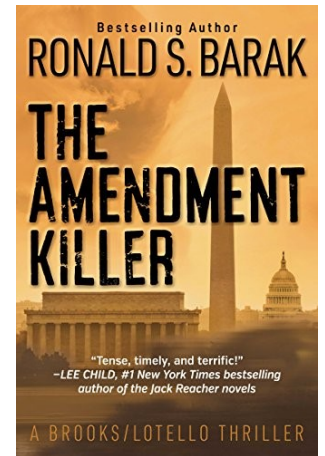
### LOVE THIS GUY'S WIT!



**My prediction: this is going to be the major story once the Lame Stream Media figures out what's going on...unless their hands are in there too.**

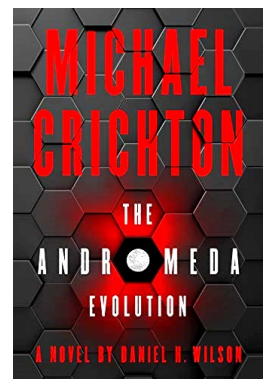
## Bon Mots

Yes...  
 ...there are  
 stupid questions.



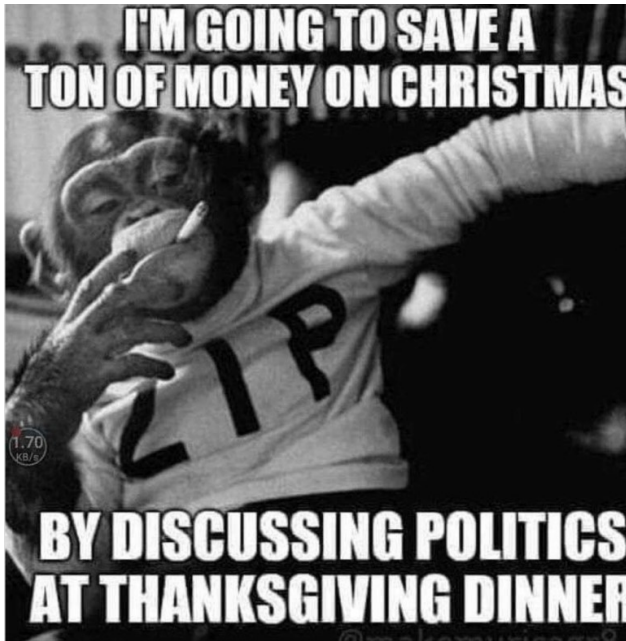
### Book Report

Debut novel by Ron Barak introducing **Judge Brooks** and **Detective Lotello**. Recommended by Lee Child (**Jack Reacher** author) so I figured might be worth it. Already came across Ron's **The Puppet Master** and blown away how much better a legal thriller than any Grisham book. Ron is already into his third so may be as prolific as James Patterson without having someone else do the work.



Sequel to and every bit as good as **The Andromeda Strain**. Dan Wilson worked with widow and had access to notes. This one is sure to be a movie too! Blockbuster finale!

**-more-**



Going to eschew (*always wanted to use that word*) Christmas cards and gifts for the third season with a liberal donation to Pet Allies, the rescue organization in Show Low, AZ where we adopted The Boys. Details will come in the newsletter at that time. I do have a few relatives who avoid the internet so I just print that week's newsletter and mail it to them. I do get confused about Black Friday's scramble for new stuff the day after we're thankful for the stuff we already have.



There are several new subscribers who are wondering who The Boys are...couple of sibling feral kittens who now dominate my schedule as I can tell time by what they are doing. The guilty party (Paul) for the hearing aid story at the right is on the left. Peter will investigate visitors but I have grandkids who have never seen Paul...but he's all over whether I need help or not.



*analog*

*digital*

Just realized another sign of old age...young people convert analog time to digital...old people just the opposite. When I hear 2:52 I have to convert my mind's eye to the analog...bet you're doing it right now if you're part of the older generation. Found that small analog clock for ten bucks on Amazon and attached it to the bottom of my computer's monitor.

Don't worry about how new technology may disrupt your life. I inherited a Sony amplifier and great set of BOSE speakers from my daughter since the grandkids are using their cell phones and iPods for music. Of course I'm adding the Wharfedale 120 speakers I built and a sub-woofer to the mix creating a home theater system that works well with my hearing aids. I even have a 25 CD capacity player.



Speaking of hearing aids...this is what one looked like in just a few minutes that I turned my back on one of The Boys. The VA had a great laugh about the problem and rebuilt it. I've been having problems with them since.

Most hearing aids come in two types...in the ear and over the ear. Problem with over the ear is that the microphone is on the back of my ear and picks up more input in back of me than in front where I'm listening to someone. I'm fine with one or two but in a crowd, I am completely deaf since the sounds come in garbled and I'm unable to focus on just one of the voices. I'm probably getting good at reading lips but have made an appointment with the VA...the audiologists there are great and have been able to overcome any problem I've had using hearing aids. Given the improvements with the technology, hopefully one of the techs who work on the improvements actually uses them and can overcome common problems those of us using them have identified.

While I'm on the subject, Rush Limbaugh wrote a great article on hearing loss...I'm including the pdf file. If you have a family member or friend who is hearing impaired...do them a favor and read the article. It could prevent fistfights!

**GPA/DAD/UNCLE/ETC.**  
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