

Shrimp & Wild Rice Casserole

Ingredients

8-ounce wild rice
1 pound cooked shrimp
2 tablespoons butter
1/2 onion, chopped
cream of mushroom soup,
2 cups grated sharp
cheddar cheese
salt and pepper

Instructions

Preheat oven to 325 F. Cook the rice Drain and cool. Heat butter in saucepan and sauté the onion until soft, about 5 minutes. In a large bowl, combine the rice, soup, 1 1/2 cups of cheese, shrimp and onion. Add salt and pepper, to taste and mix well. Spread the mixture in an 11 by 7-inch glass casserole dish (or four single serve) and top with remaining 1/2 cup cheese. Bake 30 minutes, until bubbly. Freezes well (then bake).



Turkey and mashed potatoes

The Frank Report



11.25.2023 #410 All the news I see fit to print. Freedom of the press belongs to those who own one.

Stripping people of their freedoms and forcing the public into lockdowns during the pandemic had zero impact in controlling Covid, a major new study has found. Covid lockdowns were no more effective at controlling the pandemic than letting people adapt their own behavior to the threat, a major Oxford University-backed study suggests.

Former troops are suing the U.S. government for lost pay and benefits due to the Biden administration's military vaccine mandate costing billions. There are 80,000 to 100,000 service members — both active-duty and reservists — impacted by the mandate. While more than 8,000 active-duty troops were kicked out, tens of thousands of reservists were told not to drill anymore and moved to inactive status.

The school closures that took 50 million children out of classrooms at the start of the pandemic may prove to be the most damaging disruption in the history of American education. It also set student progress in math and reading back by two decades and widened the achievement gap that separates poor and wealthy children.

Pope Francis partied with transgender prostitutes in the Vatican as he commemorated the World Day for the Poor. An Associated Press article noted that these tranny hookers are regular attendees of the Vatican

An order from Alejandro Mayorkas directs border guards to ignore biological distinction between the two sexes. Instead, officers must submit to the political claim that each person's "gender" is more important than their biological sex and must allow people to sneak across the male/female border under the disguise of "transgender" pronouns.

The Microsoft brand manager must be on drugs.

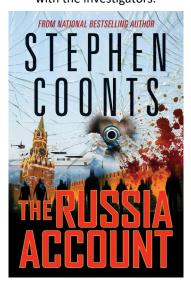
Need proof?

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Book Report

Reacher Season Two premieres on Prime Video on December 15. The eight-episode season will release with three episodes on Dec 15 then weekly until the finale airs on January 19, 2024. Reacher season two is based on Lee Child's 11th book in the Jack Reacher 28 book series: "Bad Luck and Trouble." The story has Reacher assemble his old team of investigators when one of their own is killed after being thrown out of a helicopter from 3,000 feet. Then the bad guys make the mistake of coming after the rest of his team. You don't mess with the investigators.



The good doctor you'll find on page 242 of my book surprised me with this one. I had heard the name but haven't read any of his books...big mistake.

The author slips in hilarious references to real life politicians while providing a great story and a new hero to follow.



Yes, I talk to myself.
I get great advice!

Black Friday and you buy more stuff the day after you're thankful for what you already have.

Don't send me mixed signals.

I have enough trouble
with the direct ones.

Politicians better start remembering that this country was founded on insurrection and revolution.

If you don't know whether to question your sanity or mine, I'll consider that success.

Those who claim it's too early for my bullshit should get up earlier.

Tip for politicians: we can use government to shrink government.

Remember when your computer screamed when it went online? Mine makes me scream.

That autocorrect feature is the real ducking problem.

Great minds think alike. Unfortunately, so do stupid ones.

Stop worrying about the half full or half empty glass.
Open another bottle.

When the moon hits your eye and it's 5:45 that's November. (apology to Dean Martin)

Trust me, it's really not out of my way to piss people off.



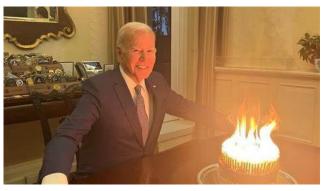
Trump's social media *Truth Social*, was reported to have lost \$74 million. However, the "report" was not only false, but ignored the fact that *Truth Social* is about to merge with another company strengthening its position in the market. The dozens of outlets that defamed *Truth Social* have been warned to retract its article and issue a public apology in print, on its website, and on its social media accounts—or face swift legal action.

You don't mess with The Donald.

Not to be outdone, Elon Musk is going after *Media Matters* (that David Brock idiot) for hacking the *X/twitter*files to strip advertising from *X/twitter*. Brock is about to
learn Musk is just as savvy about the law and can afford to
go after him. The amount it will cost Brock is in excess of
a billion dollars and legal experts say Musk has a great
case with the proof Brock thought he had hidden.

For 19 years starting in 1996, Donald Trump was the majority owner of the Miss Universe Organization.

He sold it and it is now owned by the JKN Global Group, a transgender activist company. This year two male-born contestants from Portugal and the Netherlands were contestants. Meanwhile, JKN Global Group has filed for bankruptcy while insisting that Miss Universe will provide "a topnotch experience" to fans and contestants but a contestant with two XX chromosomes won anyway.



Biden's 81st birthday cake took the headlines to maybe hide the fact that he refused to sell American weapons to Israel without guarantees the guns would not be given to civilians living in the West Bank. The Jewish state urgently requested the United States sell it M-16 rifles following the Hamas terror group's Oct. 7 slaughter of more than 1,400 unarmed Israeli citizens. But the Biden administration would not approve the sale until Israel guaranteed the critical weapons would not reach civilian outposts in the West Bank, which the Biden administration and its Democratic allies view as occupied territory, whatever that means.

Tidbits

(a small and particularly interesting item of gossip or information)

The Winona, MN Police Dept noticed that the winter season alternate-side parking started so they issued parking tickets to cars on the wrong side of the city's streets. The ordinance is to allow snow plows to clear the roads. The temperature was 66 degrees as they issued the tickets.

Amazon offers fast and reliable service at an affordable price because, due to its sheer size, is able to negotiate discounts of up to 70 percent with third-party shippers. So, the FTC has filed an anti-trust lawsuit to stop them. BTW: Amazon Announced Plan To Sell New Cars On Its Website.

Biden judicial nominee Sara Hill "made history" by being the first Native American woman nominee as a federal judge in Oklahoma. She was unable to explain the difference between a stay order and an injunction when asked by Sen. Kennedy. This the fourth Bidon nominee turkey the great Senator has roasted.

Thanksgiving dinners cost 25% more than they did before Biden took office, even after decreasing 4.5 percent from 2022.

Soldier leaving the army reports he's being charged close to \$4,000 for gear he was INSTRUCTED to leave in Afghanistan during Biden's disastrous withdrawal.

Until next week...

email: fns@franksiegler.com blog: www.franksiegler.com

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Please feel free to pass it on.