



### Recipe Corner

#### Shepherd Pie

(update of one of my favorites)

#### Ingredients:

- brown 1 pound cubed beef
- frozen mixed vegetables
- 2 bay leaves crumbled
- 1/4 cup light cream
- 1/4 cup sour cream
- minced garlic
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 cup chopped cilantro
- 2 cups mashed potatoes
- 2 eggs
- lots of butter
- sweet Hungarian Paprika.

#### Directions:

Heat oven to 400 degrees. In a 2 quart casserole dish add the vegetables and mix into the meat. Crumble the bay leaf over the mixture. In a small bowl mix the two creams, salt, pepper and parsley and mix into **\*mashed potatoes**. Beat the egg and fold into the potato mixture, spread over the meat and vegetables. Brush the top with the melted butter, sprinkle lightly with paprika. Bake 20 minutes or until top is browned. I also use four cup Pyrex containers and freeze.

**\*Mashed potato trick:** drain the water out of the pot and add four TB butter, the two creams and the minced garlic. Put cover back on make sure ingredients are heated before using a hand beater...this is tricky and easy to burn but worth the extra effort. Be sure to beat the eggs and add them slowly while folding into the potatoes.

## THE FRANK REPORT

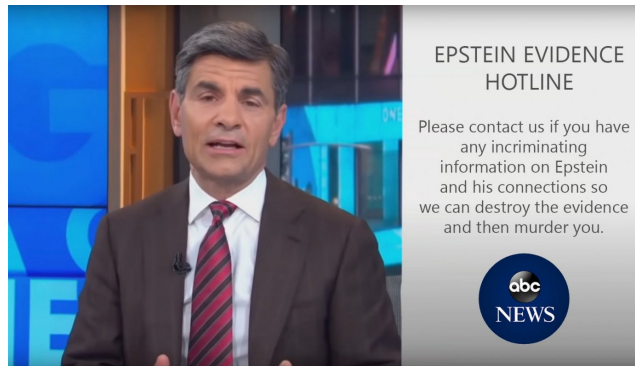
11.23.2019 #201

All the news I see fit to print.

Freedom of the press belongs to those who own one.



Democrats are really digging for something, *anything*, to keep their narrative going about the bad orange man in the White House. They are so transparent that even Obama has warned them that they have almost gone over the edge to ridiculous. Wonder how many of them are going to find themselves unemployed next year?



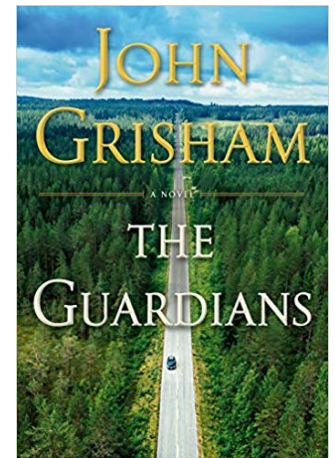
Maybe the impeachment circus is designed to keep the public away from the Epstein story? There's a lot of meme traffic on the internet that suggests they have not been successful in burying this story.



# JULIANNE ASSANGE DIDN'T KILL HIMSELF

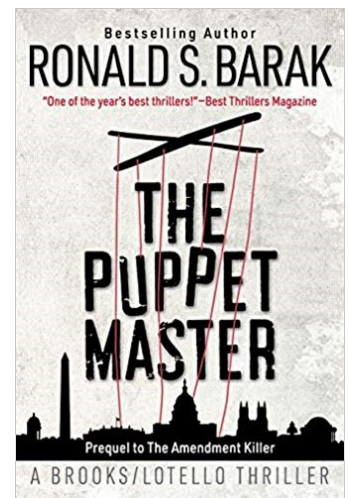
## Bon Mots

*Some mistakes are too much fun to only make once.*



### Book Report

As usual, Grisham gets a bit preachy but given the plot (*free innocent from prison*), it's forgivable. With his legal background, you do get more courtroom action than confrontations with the bad guys but characters are well developed.



**This one you have to read!** Makes Grisham's legal thrillers seem tame. Tracking down Ron's debut (*this is his second*) and will have much more about **Ron Barak** in next week's newsletter. He's got a fun blog too.

-more-



Surefire way to prevent bad snowstorm is to mount the winter tires. They are Blizzaks by Bridgestone. Said they would last only two seasons because they are soft rubber. That was 14 seasons ago. Another advantage of a car that doesn't weigh much. After a few times of making multiple trips (*because four tires won't fit in the trunk*), I bought a two ton jack on sale for \$20. Saves the \$40 it costs to have someone else switch them. Takes me about half an hour. Sometimes longer if it's late in the day and I have a glass of wine while sitting in the recliner in my heated garage.

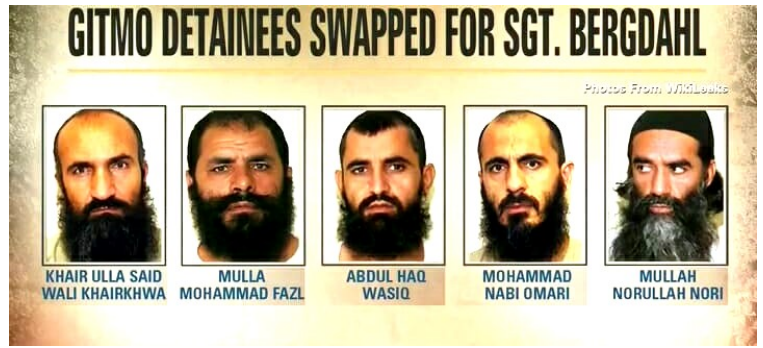
*What? You don't have a recliner in your garage?*



Like me, she's got parts wearing out but a good diet of frequent oil changes and exercise works for her. With 168,000 miles and 28 years of enjoyable driving, she's been with me in several states coast to coast. Maintenance is always cheaper than car payments.



Amazon has lots of fun kitchen gadgets. This hook folds up when not in use. Given the number of bananas I go through in a week, this is going to come in handy. The bananas ripen evenly and I just cut one off the stalk when preparing my morning smoothie...six kinds of fruit and four other ingredients.



Remember these guys? And how about the Iranian regime and a secret pallet of \$400 million in the dead of night. And the pardon of Mr/Ms. Channing? The Democrats and the Lame Stream Media condemn POTUS for pardoning three veterans for doing what they were trained to do...kill terrorists.

***In the news:***  
***Supreme Court halts court order requiring accountants to turn over Trump's tax returns to Congress***

***Not in the news:***  
***Nancy Pelosi's new worth is over \$238,000,000.00 on a salary of \$223,500.00***

***Shakedown Sharpton Takes a Salary of \$1 Million From His Charity in 2018***

***<https://www.craigslist.org/about/best/all>***  
 If you're bored and have several hours to spare, this website is hilarious!

Granddaughter Gracie and her dad here for dinner...she really likes the baked French fries. Chris did pork chops on the grill. Can't believe that's the first time it was used this year. Guess my new gas stove is getting all the attention.



Grandson Mr. Z has requested Belgian waffles...yeah, I got a recipe for that as well as the fancy waffle iron. His Mom Margaret brought bacon to bake...not fry...bake (try it).

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