

## Recipe Corner Guinness Glazed Corned Beef Ingredients

1 3-5 pound corned beef in pickling liquid and spices

1 bottle/can (12+ ounces) Guinness

1 small onion, sliced

1 clove garlic, chopped

1/4 cup brown sugar

2 tablespoons grainy mustard

1 tablespoon Worcestershire sauce salt and pepper to taste

## **Directions**

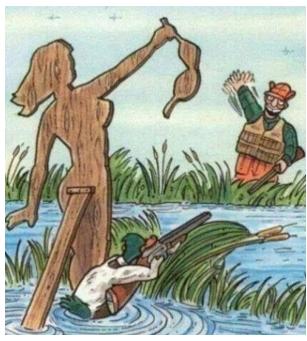
Place the corned beef along with the pickling spices, onion and garlic in a crock-pot, top with the Guinness and cook on low until fork tender, about 8-10 hours. Set the corned beef aside, strain the solids from the Guinness and juices, place the liquid into a large sauce pan, add the brown sugar, mustard, Worcestershire sauce, salt and pepper, bring to a boil reduce the heat and simmer to reduce by half, about 15-20 minutes. Cut the fat layer from the corned beef, glaze with the Guinness glaze and bake in a preheated 400F oven until the glaze starts bubbling. Leftovers work great for corned beef hash topped with poached eggs:



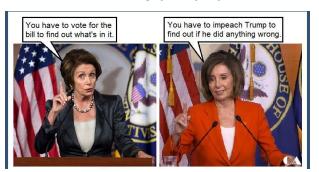
## THE FRANK REPORT

10.5.2019 #194

All the news I see fit to print.
Freedom of the press belongs to those who own one.



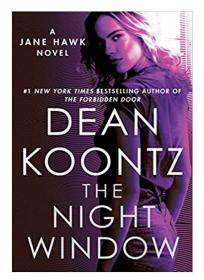
It's duck season. You guys stay safe out there!



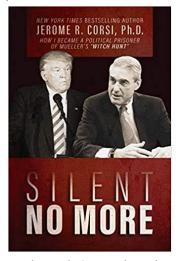
Had my annual warm body check this past week. Doctor asked me if I exercised. I told her I stopped jogging because I kept spilling my wine. Barb has been my doctor for a number of years now and just smiles and mentions that she has my daughter Margaret's phone number...unspoken reminder that the two of them could easily commit me if I get out of hand. All of my vital signs (from the Latin vita?) are excellent. Weigh the same as I did at high school graduation but am almost two inches shorter. Must be the gravity of life? Nah! Just gravity as my life has been uplifting. Since I have birthday #80 coming up, Barb has given up asking about my pipe tobacco and agrees with me that those rubber gloves can stay in the cabinet. I'm now past the average life expectancy. Eyeballing the maximum of 120. (My kids eyes are rolling).

## **Bon Mots**

Truth sounds like hate to those who hate truth.



The finale of a quintology starring *Jane Hawk*. Every book in the series made me vow to not get sucked into the next and here I am at the finale knowing full well Jane would persevere. She did...so did I.



Inside revelations on how the Mueller "investigation" was handled. Apparently, badly since this author is now suing Mueller for \$350million...and will probably win. Isn't it great that you and I will have to pay? Corsi also started the Obama birther inquiry that is still not answered...also asks about the murder of Seth Rich.

-more-



Veterans of Foreign Wars was chartered in 1899.

Fellow veteran Jim Hammonds sent me the following several years ago that explains the special bond between veterans:

CIVILIAN FRIENDS: Have never seen you cry.

VETERAN FRIENDS: Have cried with you.

CIVILIAN FRIENDS: Know a few incidental things about you. VETERAN FRIENDS: Could write a book about you including direct quotes.

CIVILIAN FRIENDS: Have shared a few experiences.

VETERAN FRIENDS: Have shared a lifetime of experiences no civilian could ever dream of.

CIVILIAN FRIENDS: Will take your drink away when they think you've had enough.

VETERAN FRIENDS: Will look at you stumbling all over the place and say, 'You better drink the rest of that before you spill it!'
Then carry you home safely and put you to bed.

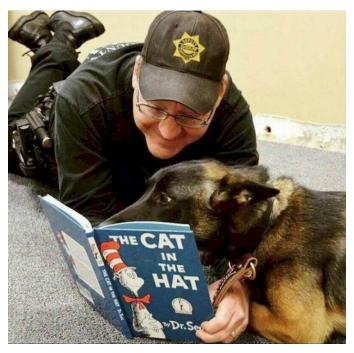


veteran's secret hand signal

November 11 is Veteran's Day. I've been active in the VFW for a number of years now and offer this insight:

A veteran - whether active duty, retired, served one hitch,
Reserve or National Guard is someone who, at one point in
their life, wrote a blank check made payable to
"The United States of America
for an amount of up to and including my life".

We can all agree...veterans are either special or nuts to sign a blank check for any politician to cash. Veterans tend to gather together, primarily at the VFW and American Legion. Both are famous (or notorious) for their clubs. It's my opinion that had the American Legion formed first, there wouldn't be a VFW. I pray to God that my grandchildren never become eligible for membership in the VFW. I would be proud of them if they signed that check and belonged to the American Legion.



For those (mostly liberal) politicians who show up at veteran gatherings pandering for our support...why do you blame the LEO when he shoots a criminal but blame the gun when a criminal shoots someone? You show faux respect for what veterans do in a war zone but ignore the war zone LEO's face everyday and believe the criminal and not the LEO? And don't get me started on how you pass laws protecting illegals criminals and endanger both ICE and LEO's trying to uphold the confusing laws you pass.

That secret hand signal at left is for the politicians who get us into a war and then do everything to prevent us from winning. May I suggest one for our LEO's to use at the right?





The American Legion was chartered in 1919.



Finally, a quick windmill story (the kids can explain the term): I call it a reboot by cCleaner. I've used it for years and recommend it BUT watch out for their recent rebate offer. Tried to renew my subscription and found they charged my credit card an extra \$20 with an offer of a \$20 rebate with confusing and contradictory instructions on how to get the rebate. I embarrassed them by asking why I would accept an offer that included a rebate when I could go to their website and just order a renewal at standard price. They finally apologized and some idiot marketing guy is about to get an ass whooping.

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