



**Recipe Corner**  
**Chicken taco (crockpot)**

**Ingredients:**

4 Boneless chicken breasts

1 package taco seasoning

1 cup salsa

1 can cream of mushroom soup

1 cup sour cream

Put chicken in crock pot (no need to cut up), sprinkle seasoning over it, add salsa and soup. Cook on low for 4-6 hours. Remove from heat and shred chicken if needed. Pour sour cream on top. Serve over rice or in tortillas. I added sweet corn to the rice when rice was done. Quick and easy and great with any white wine.



Starting to harvest the popcorn.

Special seeds from Japan supposed to be white; maybe they turn color as they dry? It's been a fun project and hope it's as good as I remember many years ago.



Freezing tomatoes to make Marinara sauce...easier than blanching in hot water. Defrost and skin pops off.

*(Make sure you wear a red shirt)*

**THE FRANK REPORT**

10.12.2019 #195

*All the news I see fit to print.*

*Freedom of the press belongs to those who own one.*



Grandson Hunter, Becca and I hit the gun range last Saturday. Both H and Becca did better with his Springfield XD's 9mm carry than the full size Sig Sauer 9mm.

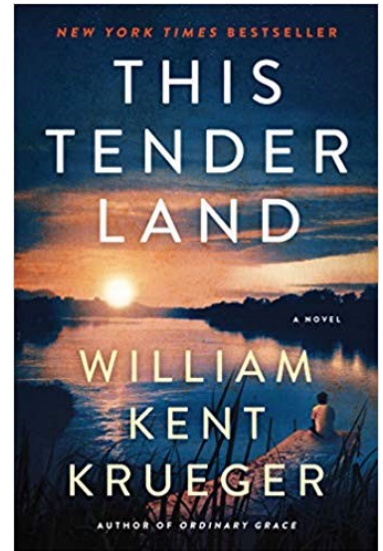
Full house on weekends which why I prefer Monday-Thursday when staff outnumber members. I took along a 32 caliber rimfire round and asked them if they had any...inside joke since they haven't made them for over 50 years. I do have about a dozen rounds for the Winchester rolling block 32 long rifle that has been in the family for generations. Found out it's worth quite a bit even though you can't find ammo. Double barrel side by side Damascus twist steel shotgun (*New Archer brand*) also old...and worthless. Sears used to sell them for \$10 which is what they're worth today. Hoping the liberal politicians have another \$200 gun buyback so I can get rid of it and buy more ammo. Had three duds with my Kimber (*Sig Sauer ammo*) so I won't buy that brand!



Hunter and Gracie's Aunt Lisa got married last Sunday. (*Brenda's sister*). They now have an uncle Chris not to be confused with their father Chris. For those keeping track: Chris (*the father*) is my son and Chris (*the uncle*) is now my...help!!  
*(son-in-law once removed?)*

**Bon Mots**

*At my age, I find my brain is running at 100mph but my body is in reverse.*



**Book Report**

MN author and great story teller. This one reminds me of Huckleberry Finn. He's also the *Cork O'Conner* hero author. This makes half dozen I've read and have him on my favorite author list. Need to track down his debut book *Iron Lake*.



**Bingeable TV**

Billy Bob Thornton as lawyer for underdogs. Amazon Prime. Excellent!  
**-more-**



**Household Tip**

Don't forget to reverse your ceiling fan's direction (*clockwise for winter*). I cheat and just use a magic marker with an S and W. Blows the warm air down and saves on heating bill.

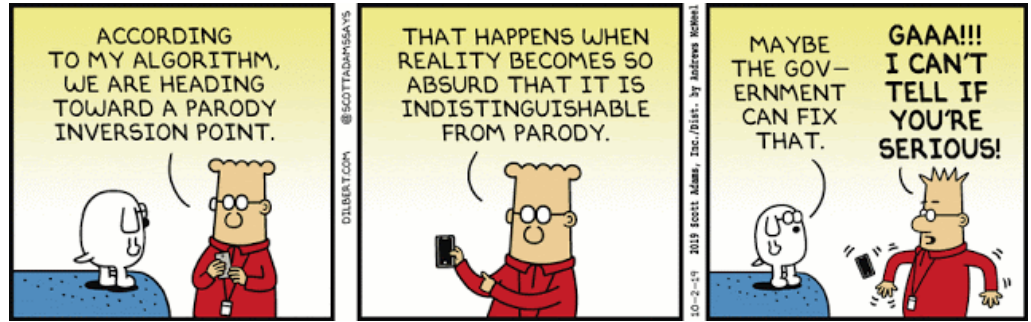
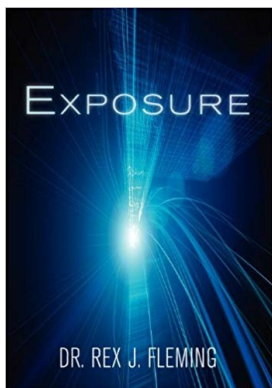


HS classmate, Dr. Rex Fleming, is one of the 500 scientists who have sent a letter to the UN shining a bright light on the UN climate change idiocy. You can find him at

[www.rexfleming.com](http://www.rexfleming.com)

I have a pdf format copy of the letter. Request and I'll send as attachment to email reply.

BTW: Dr. Fleming has written an excellent book on the subject available at Amazon.



A high-profile U.S. Senator with professional and personal ties to China — including once employing one of its spies — is backing former Vice President Joe Biden, amid mounting questions over his son's business dealings with the communist regime.

Planned Parenthood receives \$528 million a year in government funding. Planned Parenthood has launched a campaign to flip the senate and defeat President Donald Trump in 2020 — and say they will spend AT LEAST \$45 million on it.

Sen. Elizabeth Warren (D-MA), a leading 2020 Democrat presidential primary candidate, is vowing to “fight” for back pay for illegal aliens.

City council members in Burlington, Vermont, passed a resolution in a 10-2 vote on Monday, which would allow non-citizens to vote in local elections.

Joel Francisco, dubbed by authorities the crown prince of the Almighty Latin Kings gang, was released from prison thanks to the First Step Act. Now, he is now wanted for murder.

*(and my favorite)*

NBA Now Requiring All Players To Stand For Chinese National Anthem



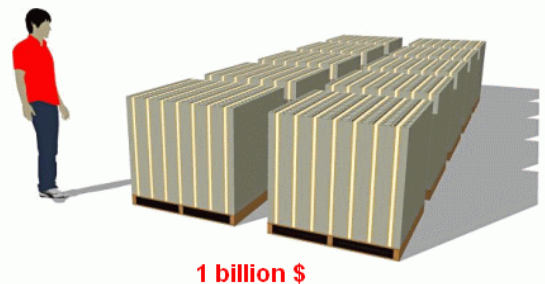
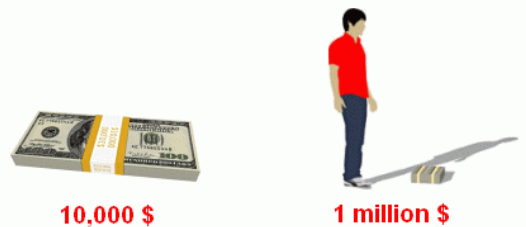
Now imagine what a trillion dollars would look like.

It's a stack of money so large I had to use a third page to show you.

If you really want to be overwhelmed, check out this website:

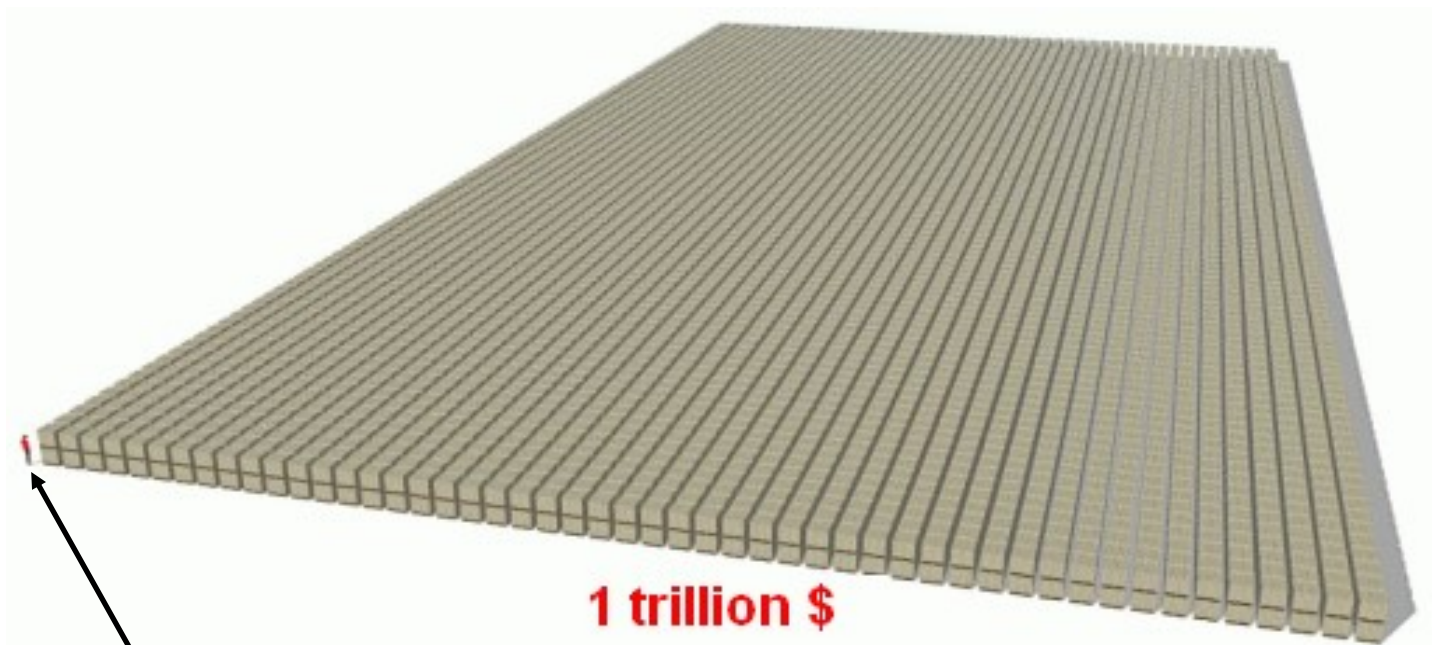
<https://www.marketwatch.com/story/this-is-how-much-money-exists-in-the-entire-world-in-one-chart-2015-12-18>

My prediction is that Hillary will be running in the 2020 election...not that she thinks she can win...but because she is watching all the candidates haul in money and she just can't help from jumping in to get her share. \$580 million raised by Trump and the RNC. \$480 million raised by Democratic presidential candidates and the DNC (so far). Bet you didn't know there were that many gullible people.



**1 billion \$**

**-even more-**



**1 trillion \$**

**Both parties have us into debt for **22** of these stacks!**

*That's a "normal" size politician if I may be so bold as to use that word when discussing politicians.*



Thanks for bearing with me for an expanded issue this week. We have several new subscribers so I should mention that it's usually just two pages, created with publisher and then converted to a pdf file so it's small enough to be used as an attachment to an email. I try to use the complicated graphics rules I learned from Mark Simonson and Scott Benson but I'm sure they cringe a bit with every issue.

Although it's cathartic experience for me, I do appreciate feedback and suggestions such as the Recipe Corner from Dr. Mike Marshall who knows I like to cook.

Politicians of a particular persuasion are getting desperate as they lose control over YOUR money.

**GPA/DAD/UNCLE/ETC**

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