



**Recipe Corner**

**Shrimp Pasta Primavera**

**Ingredients**

- 2 tsp minced garlic
- 1 ½ tsp dill weed
- Tsp ground pepper
- ¼ tsp thyme
- 8 oz linguine
- Pound of shrimp
- 4 cups assorted veggies (broccoli, carrots, peas, small peppers)
- 1 ½ cups half n half
- ¼ cup grated parmesan
- ½ tsp salt
- 1/3 cup sour cream

Cook pasta in 5 quart pan...add veggies during last few minutes Remove and drain well. Mix half n half, cheese, salt and spices...bring to boil then simmer for five minutes while whisking. I use cooked shrimp briefly sautéed in butter and garlic then add can of sliced mushrooms. Add pasta, shrimp and veggies and sour cream and mix well then heat with very low heat.

Of course I made the pasta with my new kitchen robot.



**Given Joe's proclivity for plagiarism, what else would you expect?**



*"C'mon man...  
...somebody stop Frank"*

**The Frank Report**

1.23.2021 #262

*All the news I see fit to print.  
Freedom of the press belongs to those who own one.*



**A reminder of what's feeding that corruption bubble known as Washington, D.C. No wonder the election fraud has become full blown beyond just the blue states. We've GOT to repeal the 17th amendment and start vetting the U.S. Senate to curb this vicious cycle.**

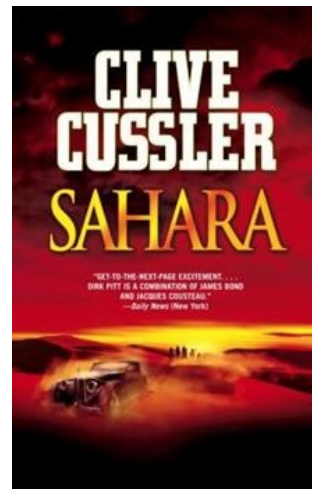
**If you need 20,000 armed soldiers to protect your inauguration from the people you represent...**



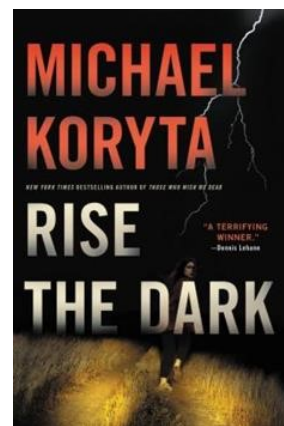
**You probably weren't elected by the people**

**Bon Mots**

**Why can't they move mornings to a more convenient time of day?**



Another H/T to Dr. Mike Marshall for this one. It's a **Dirk Pitt** novel that puts Civil War history in a blender and comes out with a fascinating tale that bounces between then and now. Mr. Pitt is certainly growing on me.



Really like this author. This one about the power grid and how easily bad guys can bring it down. Great murder mystery too with spooky mysticism thrown in.

-more-



**Cost of one-way rentals of a 20 foot U-Haul  
from Dallas to LA: \$1,293.00  
and from LA to Dallas: \$3,837.00**

The Californians are on their way and apparently bringing their dead voters with them.

Exodus from MPLS to suburbs: new residents going to the city councils to try to get noise ordinances passed. Their complaint? Roosters were crowing too early and waking them up. One group wanted a law that roosters must be kept inside until 7:30.



Joe Biden has tapped Pennsylvania Health Secretary Rachel Levine to be his assistant secretary of health, leaving "her" poised to become the first openly transgender federal appointment. Levine forced nursing homes to accept infected COVID patients, killing thousands of people in Pennsylvania, while "she" secretly took "her" mom out and put her in a Suite in a Pennsylvania Motel. You cannot make this stuff up.

**Speaking of weird government actions...**

...instead of direct deposit or check, the latest \$600.00 EIB was issued as a VISA debit card. Instructions and website very confusing. ATM would not process the card for cash. Multiple layered company with website confused the process even more. Somebody is making money on this and I'll bet it's not the taxpayer who expected to get this payment. My local bank couldn't figure it out but USAA cut through the obfuscation and established a savings account to claim the money. If we had a journalist left, they could track the companies involved and find any connections with politicians who came up with this brilliant scheme. I'm going to dig just out of curiosity.

**Mal Mots**

**Shopping tip:**

**You can get shoes for a dollar at the bowling alley.  
You're welcome.**



Orthopedist wouldn't schedule an appointment about my busted ankle. He said I needed to wear a mask. I sent him this picture and told him his advice seemed to work. All gooder now.



FBI guy Wray now has Hunter's laptop...Seth Rich's laptop...Pelosi's laptop...Anthony Weiner's laptop. He'll be there longer than J. Edgar cross dresser.

**GPA/DAD/UNCLE/ETC  
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*This newsletter is published every Saturday morning and is by opt in subscription. That means you send me an email requesting to be added to the list. Please feel free to pass it on.*